PICH at SickKids

Pain in Child Health (PICH) is a transdisciplinary, international research training consortium that has been funded since 2002 as a CIHR Strategic Training Initiative in Health Research (STIHR), with contributions from other funding partners (i.e. Mayday Fund, NY) and the founding participation of five Canadian universities (Dr. Stevens, Nominated PI). In spring 2016, PICH was integrated into the SickKids Pain Centre. The goal of PICH is to create a community of scholars in pediatric pain to improve child health outcomes. There are currently 71 active PICH trainees; 11 of those joined as new trainees in 2016.

New Members

We would like to welcome two new trainees that have been approved by the National Collaborators Committee to enter into PICH. Both trainees, Sabine Soltani and Alexandra Neville, are a part of Dr. Melanie Noel’s lab at the University of Calgary.

PICH Awards

• PICH Travel Awards ($500) are available for PICH trainees to attend various pediatric pain centred conferences (i.e. ISPP, CPS, IFPP, etc.)

• PICH2GO Travel Awards ($1000) will be available for PICH trainees and mentors to attend PICH2GO Indigenous (details announced soon)

• The Louise & Alan Edwards Foundation has partnered with PICH to offer the Post-Doctoral Fellowship in Pediatric Pain Research 2017 ($50,000) to a fulltime trainee pursuing studies in pain in children in Canada - **Deadline to Submit: May 1, 2017**

For more information on these awards and how to apply, please contact Rachel Gough (rachel.gough@sickkids.ca)
Meet the Team!

Nominated Principal Investigator (CIHR Strategic Training Initiative in Health Research (STIHR))

Dr. Bonnie Stevens, RN, PhD is the Associate Chief, Nursing Research and Senior Scientist in the Research Institute at SickKids and Professor, Lawrence S Bloomberg Faculty of Nursing at the University of Toronto. She is the Nominated Principal Investigator of the CIHR-STIHR grant and the Co-Director of the SickKids Centre for Pain Management, Research and Education, where PICH now resides. https://lab.research.sickkids.ca/stevens/

PICH Co-Chairs (Pain in Child Health Sub-Committee, SickKids Pain Centre)

Dr. Rebecca Pillai Riddell, PhD is the York Research Chair in Pain and Mental Health in the Department of Psychology at York University, a scientific staff member at Sick Kids, and an adjunct Associate Professor at the University of Toronto (Departments of Psychiatry and Pharmacy). She is the Co-Chair for PICH in the Pain Centre at SickKids. www.yorku.ca/ouchlab

Dr. Jennifer Stinson, PhD is the Mary Jo Haddad Nursing Research Chair in Child Health at SickKids and an Associate Professor in the Lawrence S. Bloomberg Faculty of Nursing at the University of Toronto. She is the Co-Chair for PICH in the Pain Centre at SickKids. http://www.sickkids.ca/Research/I-OUCH/
PICH National Collaborators

The National Collaborators represent PICH's new core team of interdisciplinary faculty from across the country that will support and help lead PICH subcommittee initiatives, with co-chairs Stinson & Pillai Riddell. With representatives from nursing, psychology, pediatrics, emergency medicine, and neurobiology, our national collaborators were selected not only to diversify the disciplinary representation of our leadership, but also because of their commitment to supporting innovative pediatric pain research training and strengthening partnerships with our communities.

**Dr. Krista Baerg**, FRCPC, BSN, BA, MD, BScMed, FRCPC.
University of Saskatchewan

**Dr. Marsha Campbell-Yeo**, PhD, NNP-BC RN,
Dalhousie University

**Dr. Ran Goldman**, MD,
BC Children's Hospital

**Dr. Sylvie Le May**, PhD, RN,
University of Montreal

**Dr. Meghan McMurtry**, PhD,
University of Guelph

**Dr. Melanie Noel**, PhD,
Alberta Children's Hospital

**Dr. Tuan Trang**, PhD,
University of Calgary
PICH Advisory Committee

The PICH Advisory Committee represents a wealth of experience that has accumulated from leading PICH for over 15 years as a training organization dedicated to supporting trainees in pediatric pain research. Using their extensive pediatric pain research backgrounds and collaborative experiences from holding leadership roles at the local, national, and international level, PICH Advisory members provide input on the ongoing activities of PICH and provide insight regarding new strategic directions for the organization.

Dr. Christine Chambers, PhD, RPsych, Dalhousie University

Dr. Kenneth Craig, OC, PhD, LLD, University of British Columbia

Dr. Allen Finley, MD, FRCPC, FAAP, Dalhousie University

Dr. Ruth Grunau, PhD, RPsych, University of British Columbia

Dr. Celeste Johnston, RN, DEd, McGill University

Dr. Carl von Baeyer, PhD, University of Saskatchewan
PICH2GO Events 2016

A brand new initiative for PICH, created by Co-Chair Pillai Riddell, PICH2GO was designed as a series of educational and networking events co-hosted by PICH and local children’s hospitals. PICH2GO strives to make the world a less painful place for kids through collaborative events that bring together patients, families, clinicians, researchers, and decision-makers.

**PICH2GO Toronto** was held in partnership with The Hospital for Sick Children on Nov. 10th and 11th, 2016. PICH2GO Toronto collaborated with SickKids’ biannual Conquering the Hurt Conference, and attracted 115 attendees, 42 of whom were PICH members. We were engaged by fantastic keynote speakers Dr. Stefan Friedrichsdorf, MD, Children’s Minnesota, Dr. Margot Latimer, RN, PhD, Dalhousie University, and John Sylliboy, ACHH Initiative.

**PICH2GO Calgary** was held in partnership with the Alberta Children’s Hospital on Nov. 24th and 25th, 2016. There were 197 registrants for the Unraveling the Puzzle of Pediatric Pain: From Neurons to Narratives conference, 40 of whom were members of PICH. PICH2GO Calgary was honoured to have Professors Maria Fitzgerald, MedSci, FRS, PhD, University College London and Kenneth Craig OC, PhD, LLD, University of British Columbia participate as keynote speakers.
PICH2GO Indigenous 2017

Previous work with Dr. Margot Latimer and John R. Sylliboy during our Art from the Heart" Aboriginal Children's Hurt and Healing (ACHH) Exhibit at PICH2GO Toronto helped inspire the upcoming theme for this PICH2GO event. Working through Co-Chair Stinson, PICH is very excited to support Latimer's and Sylliboy's vision for a truly unique learning experience.

PICH2GO Indigenous will occur on Oct. 11th and 12th, 2017 in Halifax, Nova Scotia, in partnership with IWK Hospital. It will be a 1.5 day conference that will offer clinicians, researchers, mentors, and trainees a unique experience to learn from each other as well as learn from First Nation community members including clinical researchers, Elders, parents, youth, nurses, and a Health Director. A wide scope of experiences and approaches will be used to share Indigenous knowledge regarding clinical care and research practices.

Dr. Margot Latimer  
John R. Sylliboy

PICH Training Event: 11th Annual International Symposium on Pediatric Pain

For the first time in our history, PICH will be hosting a training event in Asia titled, "Finding the Right Spin: Learning Resilience Before Things Spiral". This event is about building resilience in new scientists and will occur on Friday, July 7, 2017 from 6pm to 10pm and will allow PICH trainees to receive mentoring from PICH faculty. The training event is coordinated by Co-Chair Dr. Rebecca Pillai Riddell, and National Collaborator Leaders Dr. Meghan McMurtry and Dr. Melanie Noel. Space is limited; registration will be on a first come, first served basis for eligible trainees. Registration opens May 15. We would like to ask PICH Faculty who are attending ISPP Malaysia and are interested in being a faculty mentor at this event, to please email rpr@yorku.ca before May 1, 2017. Faculty members will lead discussion on an assigned topic and facilitate an informal sharing of research ideas for a group of trainees studying a similar area of pediatric pain.
Webinars

All webinars can be viewed live or they can be accessed by signing into the Members Section of the PICH website. Webinars are always held at the following times:

- 2:30PM Atlantic Time
- 1:30PM Eastern Time
- 12:30PM Central Time
- 11:30AM Mountain Time
- 10:30AM Pacific Time

**Past Webinars:**

**Friday, January 20th, 2017**

Presenter: Perri Tutelman (Dalhousie University)
Title: Parental Management of Pediatric Cancer-Related Pain
Discussant: Fiona Campbell (SickKids)

**Friday, February 17th, 2017**

Presenter: Melanie Noel (University of Calgary)
Title: The role of pain narratives in children’s pain memory development
Discussant: Brittany Rosenblum – PhD trainee (York University)

**Friday, March 17th, 2017**

Presenter: Meghan McMurtry (University of Guelph)
Title: A former PICH trainee's journey from graduate school to tenure and promotion: A week in the life, lessons learned, and future opportunities
Discussant: Nicole Racine - Postdoctoral Fellow (University of Calgary)

**Upcoming Webinars:**

**Friday, April 21st, 2017**

Presenter: Sylvie Le May (University of Montreal)
Title: Use of Virtual reality for pain management of children with burns undergoing painful procedures
Discussant: Allen Finley (Dalhousie University)

**Friday, May 19th, 2017**

Presenter: Kaytlin Constantin B.A. (Hons). MA Student Psychology (University of Guelph)
Title: Caregiver Physiological Response during Children's Acute Pain
Discussant: Rebecca Pillai Riddell (York University)

**Friday, June 16th, 2017**

Presenter: Rachel Moline, BA (Hons) (University of Guelph)
Title: What Hurts? Investigating the Role of Nonverbal Characteristics of Parental Reassurance and Distraction on Child Pain Outcomes
Discussant: Christine Chambers (Dalhousie University)
Other News and Events

Canadian Pain Society 2017

- The 38th Annual Scientific Meeting
- When: May 23-26, 2017
- Deadline for applications has passed
- For more information please visit: http://www.canadianpainsociety.ca/page/2017ScientificMeet

North American Pain School 2017

- The North American Pain School 2017 conference is titled, “Where Does it Hurt and Why: Peripheral and Central Contributions to Pain Throughout the Body”
- When: June 25 – June 29, 2017
- Deadline for applications has passed
- For more information please visit: http://northamericanpainschool.com/

Connaught Summer Institute in Pain

- Graduate and postdoctoral trainees from all fields of pain research are invited to apply. There are no tuition fees and participants from out of town are eligible for up to $1000 in support
- When: July 17-21, 2017
- Deadline to apply: April 15, 2017
- For more information please visit: http://sites.utoronto.ca/pain/uploads/files/2017%20call%20for%20applications.pdf

New Funding Sources

- The Louise & Alan Edwards Foundation will offer support for PICH at $50k/year over a 3-year period, starting in 2018