Summer is almost over and another school year is around the corner. Hope everyone has a chance to enjoy the sunshine while it lasts.

This Spring and Summer, PICH'ers were busy as always. Stay tuned and read this newsletter to know more about the latest news and events happening in the PICH community.

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**So much to read about in the 2018 Spring-Summer PICH PULSE NEWSLETTER**

- **PICH events** (PICH2GO Copenhagen and Toronto)
- **PICH NEWS**
- **New trainee representatives** (Rocío de la Vega & Shokoufeh Modanloo)
- **Lab feature** (Be Sweet to Babies lab, University of Ottawa)
- **PICH Webinars**
PICH NEWS

NEW MEMBERS

We would like to welcome 18 new trainees and 13 new faculty members since our last newsletter (Fall 2017).

For the list of Trainees, Collaborators, and Faculty members please see the navigation menu on the PICH homepage.

UPDATES ON CHANGES IN PICH FUNDING

PICH was funded by the Canadian Institutes of Health Research since 2000 and has transitioned from this funding structure as of April 2018. PICH was originally based at the IWK Hospital in Halifax and has moved to the Pain Centre at The Hospital for Sick Children in Toronto. The management of the PICH Consortium is under the National Collaborators Group. We are excited that we will be inviting two international members to join our management group in Fall 2018.

PICH IS MEETING IN BOSTON!

Are you attending to the IASP World Conference on Pain? If so, don´t miss out the informal fun and informative networking lunch for pediatric pain trainees and faculty that PICH will be hosting on Friday September 14th (12.15 to 2pm). Keep an eye on your inbox for more details to come.
PICH2GO EVENTS

PICH2GO is an exciting series of educational and networking events co-hosted by PICH and local children’s hospitals. Our goal is to engage, empower, and educate families, trainees, clinicians and researchers. We aim to unite and strengthen the local pediatric pain network.

By establishing awareness, building knowledge, and fostering an improved network of all stakeholders in pediatric pain, we hope to make a lasting impact on children's pain, health, and their futures.
PICH2GO Copenhagen

The first international PICH2GO took place March 25th – 26th, 2018 in the beautiful Danish city of Copenhagen. The topic for this meeting was "Partnering Against Pediatric Pain - Early pain and its long-term consequences". PICH joined forces with the University Hospital Copenhagen and the Pain in Early Life (PEARL) group, to create a unique event focused on diverse topics: pain in neonates and improving the parental experience at the NICU, the impact of pain memories in later life, how to improve pain assessment, the importance of partnering with patients or the ethical considerations when doing knowledge translation. Special thanks to Mats Eriksson (PEARL) and Marsha Campbell-Yeo (PICH liason) for their leadership on this endeavor.

- If you are on Twitter, you can look for the hashtag #PICH2GO or follow @PainPearl for the highlights of the event.
COMING SOON: PICH2GO Toronto

The next PICH2GO event will take place **November 12th-13th, 2018** at the Hospital for Sick Children (SickKids), affiliated with the University of Toronto. The title of the event is: “Moving the Field of Pediatric Pain Forward: From Cells to the Patient” and it will be chaired by Melanie Noel and Tuan Trang.

The main topics, events and speakers are:

- Coping Circus /Mind-body Clinic (Drs. Kohut & Ruskin)
- Imaging for ‘Dummies’ (Drs. Davis, Moayedi & Zeidan)
- Future of Basic Science in Pediatric Pain (Dr. Salter)
- Vaccine Hesitancy and Pediatric Pain and Fear (Drs. McMurtry & Taddio)
- The Opioid Crisis Panel Discussion (Drs. Campbell, Clarke & Juurlink)
- Cannabis and the Adolescent Brain (Drs. Goldstein & Ross)
- Research and Quality Improvement Patient Engagement (Patient Panel Discussion moderated by Drs. Stinson & Bird)
- Psychopathology in Pediatric Chronic Pain (Dr. Kronenberg)
- Transition from Acute to Chronic Pediatric Pain (Dr. Katz)
- Mindfulness and Pediatric Pain (Dr. Zeidan)

As per usual, there will be a poster session and fun networking activities. There is also a chance for trainees to be selected to give an oral presentation! You can register clicking here.
New PICH trainee representatives

The National Collaborators Group of the Pain in Child Health (PICH) have selected two trainee members to join the group and represent the trainee perspective for the PICH Trainee Representative role. Read more about them below.

Rocío de la Vega

Born and raised in Spain, Rocío joined PICH as an international trainee in 2011, when she was a graduate student. She received her PhD in Clinical Psychology and she currently is a post-doctoral research fellow at Seattle Children's Research Institute and a current member of the Pediatric Pain and Sleep Innovations Lab (lead by Dr. Tonya Palermo). She is excited to serve as a PICH trainee representative. Questions about your experience or opportunities as a PICH trainee? Ask her! Interested in eHealth or sleep and pediatric pain? Follow her on Twitter @rocio_delavega

Shokoufeh Modanloo

Born and raised in Iran, Shokoufeh is living and studying in Canada now. She is a neonatal nurse and received her masters of science in nursing in 2014. She joined PICH community in 2015. Currently, she is a PhD candidate in nursing at University of Ottawa and a research assistant at Children's Hospital of Eastern Ontario (CHEO), under the supervision of Dr. Denise Harrison. Her research is about pain management for infants during vaccination. She is interested to research topics of pain in refugees/immigrants children, knowledge translation and social media studies. Follow her on Twitter @shokoufehmd1
LAB FEATURE: "Be Sweet to Babies" lab

University of Ottawa & Children’s Hospital of Eastern Ontario (CHEO)

The Be Sweet to Babies research lab comprises of national and international students (graduate and undergraduate), visiting scholars, and researchers. It is led by Dr. Denise Harrison, Ottawa. The focus of the team is raising awareness of pain in sick and healthy newborns and young children. The team aims to improve the recognition and management of pain during needle-related painful procedures. They partner with parents, nurses, physicians, students, child life specialists and many others, to develop knowledge translation strategies and products to optimize use of effective, recommended pain management strategies for babies and children during painful procedures. Their research aims include: 1) Promoting effective pain management strategies at all levels of healthcare. Specific strategies include breastfeeding, skin-to-skin care (kangaroo care), and sucrose (sugar water), for sick and healthy babies around the world. 2) Using social media to share the research - Follow them on Twitter name @dharrisonCHEO and hashtag #BSweet2Babies. The team has created parent-targeted videos demonstrating how to ease infant pain during painful procedures in multiple languages. You can watch them clicking here.
PICH Webinars

PICH webinars are an amazing way to connect with trainees and faculty across the globe. Usually, a trainee gives a presentation about their research and a PICH faculty member serves as a discussant – asking questions and facilitating discussion. Trainees and faculty from all over the world tune in and ask questions through the online platform as the presentation is given live. All webinars can be viewed live or they can be accessed by signing into the Members Section of the PICH website. Webinars are always held at the following times: 2:30PM Atlantic Time, 1:30PM Eastern Time, 12:30PM Central Time, 11:30AM Mountain Time, 10:30AM Pacific Time

Past Webinars

April 20, 2018
Presenter: Randi Dovland Andersen (Karolinska Institutet)
Title: Do you see my pain? Aspects of pain assessment in hospitalized preverbal children
Discussant: Kenneth Craig (University of British Columbia)

May 18, 2018
Presenter: Ligyana Korki de Candido (University of São Paulo)
Title: Effectiveness of an instructional video targeted at parents on neonatal pain management: a non-randomized, pragmatic clinical trial
Discussant: Marsha Campbell-Yeo (Dalhousie University)

June 15, 2018
Presenter: Lara Genik (University of Guelph)
Title: A randomized controlled trial of a pain training program for respite workers supporting children with developmental disabilities
Discussant: Frank Symons (University of Minnesota)

Upcoming Webinars

September 21, 2018
Presenter: Thiago Silva (Federal University of Rio de Janeiro)
Title: Nursing care to hospitalized child with chronic cancer pain
Discussant: Lindsay Jibb (University of Ottawa)

October 19, 2018
Presenter: Liana Albuquerque da Silva
Title: Neonatal Pain and the Neurobehavior of Preterm Newborns
Discussant: Ruth Grunau (University of British Columbia)

November 16, 2018
Presenter: Karin Schenk
Title: Individual Contextual Factors in the Validation of the Bernese Pain Scale for Neonates
Discussant: Shelly-Anne Li (University of Toronto)