Welcome to the MIBG Program, Division of Haematology/Oncology at SickKids

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A MESSAGE FROM THE TEAM:

Dear Parents,

We look forward to meeting you and your family. During your visit to SickKids, our team is dedicated to providing your child with the best care, and to making your child’s stay as comfortable and successful as possible.

We are also committed to partnering with you and your primary health care team, recognizing the essential role each person plays in providing your child with the best quality care, both at SickKids and when you return home.

To assist your child and your family during your stay in Toronto, please let us know of your child’s needs and ask us any questions you may have. The visitor information below serves to help answer questions you may have and to guide you as to whom to call or where to find additional information.

Sincerely,

The MIBG Therapy Team
Division of Haematology/Oncology

YOUR HEALTH CARE TEAM:

Dr. Sylvain Baruchel, Pediatric Oncologist
Denise Mills, Nurse Practitioner
Karen Fung, Social Worker/Patient Navigator

Dr. Meredith Irwin, Pediatric Oncologist
Dr. Amer Shammas, Nuclear Medicine Physician

We are a part of a larger interdisciplinary team including oncologists/physicians, nurse practitioners, nurses, social workers, pharmacists, dieticians, rehabilitation specialists, child life specialists, psychologist, chaplain, etc.

WHERE WE ARE LOCATED - Sears Cancer Clinic

Your appointments will be in our ambulatory clinic on the 8th floor in the Burton Wing.
Take the main Atrium elevators to the 8th floor, walk towards unit 8A/D and then follow the signs directing you to the Sears Cancer Clinic. Please register at the front desk.
VISITOR INFORMATION:

GETTING TO SICKIDS
SickKids is located in downtown Toronto at 555 University Avenue, between Gerrard and Elm Streets. The main entrance to the hospital is in the Atrium at 170 Elizabeth Street (the first street east of University Avenue). To reach the hospital operator, call (416) 813-7500.

TRANSPORTATION:
How to get to SickKids by air:

Toronto Pearson International Airport – Several airlines offer an extensive network of daily non-stop domestic flights to all major and many secondary cities across Canada. Pearson airport is approx 40 kms from SickKids.

Billy Bishop Toronto Island Airport – Porter Airlines and Air Canada offer daily domestic flights to some major cities across the Eastern provinces of Canada. The Island airport is located in the downtown Toronto area, approx 5 kms from SickKids.

Air Travel Assistance

- **Air Canada Kids' Horizons** program offers special rates to families. Contact your social worker at your hospital for details.

- **Hope Air** is a national charity that helps Canadians get to medical treatment when they cannot afford the flight costs. P: 1-877-346-HOPE (4673)

- **Angels of Flight of Canada** is a Canadian owned and operated healthcare company providing specialized medical transportation P: (705) 743-5433/1-800-563-7686, F: (705) 741-5147

- **Alex Lemonade Stand Foundation (ALSF) Travel Fund.** Visit website to see eligibility criteria or contact Karen Fung, Social Worker/Patient Navigator
Transportation from the airports
Approximate taxi fare from Pearson International Airport – $65
Approximate taxi fare from Billy Bishop Toronto Island Airport – $20

Airport Express Shuttle: The Airport Express takes about 40-60 minutes to reach downtown Toronto and costs about CDN $23.95 one way (as of 2012). The Airport Express Shuttle runs from Pearson International Airport to downtown Toronto hotels near the hospital, including the Eaton Chelsea and the Hilton Hotel Toronto. Call (905) 564-6333 or (905) 564-3232.

Public Transit: The Airport Rocket provides all-day, regular accessible express bus service between Kipling Station on the Bloor-Danforth Subway line and Pearson International Airport. Travel time between the Toronto Airport and SickKids would be about 45 minutes and would cost the value of a TTC ticket (CDN $3 as of 2012).

How to get to SickKids by TTC (subway):
If coming from the north, exit at Queen's Park subway station and walk south one block on University Avenue. If coming from the south or Union Station, exit at St. Patrick subway station and walk two blocks north on University Avenue. For bus and subway information or call the 24-hour TTC line at (416) 393-4636.

How to get to SickKids by car:
If driving from the north, take the Don Valley Parkway south (downtown) and follow directions. If driving from the south exit the Gardiner Expressway at the York Street/Bay Street exit and follow directions.

The hospital's underground parking can be found at the northwest corner of Elm and Elizabeth St. Parking at the hospital
ACCOMMODATION OPTIONS:
Here is a list of local accommodation options in the downtown Toronto area when your child is required to stay in Toronto for treatment. When your child is admitted to SickKids for treatment, one parent/caregiver will be permitted to stay overnight in the room.

- **Ronald McDonald House**: 240 McCaul Street (University /College)
  P: (416) 977-0458  F: (416) 977-8807  /(416) 977-7763
  The cost is $15/day.
  Wheelchair accessible
  The following forms: i) referral form (social worker/nurse to complete) and ii) application form (family to complete) must be filled in and either emailed waitlist@rmhtoronto.org or faxed directly to RMH in order to be placed on the waitlist.
  Note: Approx 8 min walk to SickKids. Reservations cannot be made at the RMH and a room is dependent on availability and completion of application forms.

- **Super 8 Downtown**: 222 Spadina Ave (Spadina / Dundas)
  P:(647) 426-8118
  The hospital rate is $79 / night plus tax (16%) based on availability. Includes continental breakfast, free internet and local phone calls.
  Note: Letter from Sick Kids is required. Approx 15-20 min walk from SickKids. Taxi ride approx $10/one way.

- **Eaton Chelsea**: 33 Gerrard St West (Bay / Gerrard)
  P: (416) 595-1975/ 1-800-243-5732, F: (416) 585-4302
  The hospital rate is $84-$129 /night plus tax (16%)based on availability
  Wheelchair accessible
  Note: Letter from SickKids is required. Located directly across from SickKids.

- **Courtyard By Marriott Hotel**: 475 Yonge St (Yonge / College)
  P: (416) 924-0611, 1-800-847-5075, F: (416) 924-8692
  The hospital rate is approx: $119-$129 / night plus tax (16%) based on availability
  Wheelchair accessible
  Note: Approx 10-15 min walk from SickKids.

- **Holiday Inn Toronto Downtown Centre**: 30 Carlton St (Yonge / Carlton)
  P:(416) 977-6655/1-800-367-9601, F: (416) 646-2182
  The hospital rate is approx: $119 / night plus tax based on availability
  Wheelchair accessible
  Note: Approx 10-15 min walk from SickKids.

Other accommodation options:
University Health Network (UHN) Accommodation List - Lists of other hotels and apartment-style hotels, short-term apartments and residences near the hospital
WHAT TO BRING TO YOUR VISIT AT SICK KIDS:

☑ Government issued identification ie. passport, driver license, birth certificate
☑ Health card for your child and anyone else accompanying your child
☑ Documentation of custody or divorce, if appropriate, to verify who can sign for your child’s medical tests and treatments
☑ Emergency contact information – name, address and phone numbers
☑ Insurance information (including medical, drug and dental).
☑ For children living out of Ontario, bring extra supplies of prescription medicines for your child. *If you have provincial drug or dental coverage, it will not cover you outside of your home province. Important to bring additional medication supplies for your child and anyone else accompanying your child.
☑ For families living outside of Ontario, bring extra medicines for anyone who may be accompanying your child to Toronto

➢ You should plan to leave anything at home that you do not want thrown away.
➢ Any item that your child handles, including clothing worn, will most likely become contaminated with $^{131}$I MIBG, and these items will be treated as radioactive and cannot be returned to you.
➢ It is recommended that you bring disposable toys and comfort items for your child to play with during the treatment.
➢ Please refer to SickKids MIBG Education Guide for Patient Caregivers for more detailed information

RELATED LINKS:
SickKids Family Guidebook - The guidebook is available in ten languages
WHAT TO EXPECT DURING YOUR VISIT TO SICKKIDS:

DURING YOUR VISIT TO SICKKIDS HOSPITAL:
Your initial consultation and assessment visits will be in our out-patient care setting – Sears Cancer Clinic. However, the MIBG treatment will involve an inpatient stay in the Garron Cancer Centre MIBG Suite on the Haematology/Oncology Inpatient Unit (8A).

- **Ambulatory Clinic:**
  At the Sears Cancer Clinic, please register at the registration desk. Remember to bring any appropriate documentation with you ie. health card. When you have registered, the Information Clerk will provide you with a patient identification armband for your child to wear.

Your clinic appointment may consist of:
- Consult and/or assessment with oncologist and nurse practitioner
- Meet with the patient navigator/social worker and child life specialist
- Meet with the Radiation Safety Officer
- Tour of the MIBG Suite

Your child may also be required to:
- Undergo additional testing ie. CT/MRI, MIBG scan, blood work
- Meet with other healthcare professionals/teams if appropriate.

- **Inpatient Admission:**
  During MIBG treatment, your child will be admitted to a special MIBG Suite on our inpatient unit (8A). You and your child’s designated alternate caregiver will be able to take turns staying in the room with your child, as long as it is considered safe for the caregivers (based on Canadian Nuclear Safety Commission guidelines). Only one caregiver is able to be in the room at any one time.

Caregivers are not able to use the bathroom in the MIBG Suite. Public washrooms are located nearby, and a designated shower facility is located on the same floor. Siblings are not allowed to visit in the room.
COMMUNICATION NEEDS:
It is important that you are able to communicate with and understand our team for your child to receive the best care. If you or your child has special communication needs, please let our team know so we can provide extra help to meet those needs ie. interpreter services, hearing or visual services or devices.

MEALS:
During an inpatient stay, SickKids provides meals for your child. Meals are not provided to parent/caregiver. During outpatient visits, meals are not provided.

The hospital cafeteria, Terrace Café, is on the main floor in the Atrium
Hours of operation: Monday to Friday 7 a.m. to 7 p.m.; Saturday & Sunday 9 a.m. to 4 p.m.
After hours: Monday to Friday 7 p.m. to midnight; Saturday & Sunday 4 p.m. to midnight

There is a variety of other restaurants in the hospital for your convenience: Tim Hortons, Starbucks, Soup It Up, Subway, Jugo Juice, Ichiban Sushi Express. SickKids is located in downtown Toronto with easy and safe access to many restaurants offering many different cultural cuisines.

There are also grocery stores located only a short walking distance from the hospital or the accommodations listed above.

RELATED LINKS:
Visiting SickKids Values and Expectations
OTHER GENERAL INFORMATION:

USEFUL PHONE NUMBERS AT SICKKIDS:
Information – (416) 813-1500
To reach a patient – (416) 813-7600
Parent Information Line – (416) 813-7700
Patient Information Line – (416) 813-6621
8A Inpatient Unit – (416) 813-6934
Chaplaincy- (416) 813-6620
Child and Family Relations –(416) 813-6181
Day Hospital – (416) 813-7654 press 1, ext 4572
Pediatric Advance Care Team (PACT) – (416) 813-6905
Parking – (416) 813-5445
Protective Services (security) (416) 813-7122
Sears Cancer Clinic main line – (416) 813-5859
Shoppers Drug Mart – (416) 813-6700

BUSINESS OFFICE:
The business office is located on the main floor in the hallway between Shoppers Drug Mart and Tim Hortons. Hours are Monday-Friday 8:00 AM – 4:00 PM.

BANKS/ATM MACHINES:
There are ATMs located within SickKids, on the main floor. All major banks are located only a short walking distance from the hospital or the accommodations listed above.

CELL PHONES/WIRELESS ACCESS:
Cell phones and other wireless devices are permitted throughout the hospital. However, for patient safety these devices cannot be used if you are in close proximity (one meter) from medical equipment or in the Critical Care Unit, Neonatal Intensive Care Unit and the Operating Room.
SickKids WiFi is available throughout the hospital. Computers with internet access are also available for use in the Family Resource Centre.

LAUNDRY MACHINES:
Free laundry service machines are available for parents and patients 24 hours a day on the 4th floor, room 4308, across from Marnie’s Lounge. Coin-operated laundry machines are located across from the hospital in the Alan Brown Building at 77 Elm St.

PLAY PARK:
The staff at SickKids are not able to provide care for your other children during hospital visits/admission. However, short-term child care for brothers and sisters over the age of 2 ½ is available at the Play Park on the main floor of SickKids.
FINANCIAL ASSISTANCE & SERVICE COORDINATION:

We will work collaboratively with your primary health care team to coordinate your child’s visit to SickKids. We encourage you to speak with your primary team/social worker about what resources may be available to you and your family locally to assist with travel, accommodation, meals, and other non-medical expenses.

For additional assistance related to the practical issues of accessing care at SickKids, please contact Karen Fung, Patient Navigator by email or by phone (416) 813-6801

RELATED LINKS:

SickKids Hospital
Tourism Toronto
City of Toronto Official Website
Pearson International Airport

SickKids Family Guidebook
Weather Information

NOTES/QUESTIONS: