Important Dates/Upcoming Events:


October 14, 2018: Art in Motion 10K Kleinberg, ON For further information please visit [http://artinmotion10k.com/](http://artinmotion10k.com/)


Announcements:

Celebrations in the Division of Rheumatology

- Dr. Ron Laxer – Won the 2017 Dafna Gladman Award, Congratulations Ron!

- Eliana Bordon – Congratulations to Eliana and her family as they welcome baby girl, Ophelia, to their family. Lackshy has moved into Eliana’s position as the Patient Information Coordinator and we have welcomed Madison Brown as our Patient Information Clerk

- Dr. Lillian Lim & Dr. Liane Heale – Congratulations to our former fellows for passing their Royal College Rheumatology exams!

Feature Article: 2017 Art in Motion 10K by Mark Trenton

Mark and Laura Trenton recognized at 2017 Art in Motion cheque presentation ceremony

October 15th saw the spectacular inaugural presentation of the Art In Motion 10K. This boutique running/walking event is set in the picturesque Humber Valley near Kleinburg just west of Canada’s Wonderland. Beautiful fall colours are the canvas to this art themed extravaganza. The goal was to celebrate and support the phenomenal work of the rheumatology staff at SickKids. And celebrate and support we did!!! With several rheumatology staff, and rheumatology patients and families registered and participating - race day was an overwhelming success.

VIP fundraisers (those raising $1,000 or more) were treated to a sumptuous after race brunch at the McMichael Gallery in Kleinburg, special VIP swag bag including McMichael wine, chocolate, and a McMichael Gallery gift. The day was capped off by a guided gallery tour of the McMichael collection. Simply Spectacular!

See 2017 Art in Motion 10K on page 2
2017 Art in Motion (continued from page 1)

Over $22,000 dollars was raised to support the great work being done by Rheumatology at SickKids, including, the handing out of the $2,500 Dr. Bonnie Cameron Post-Secondary Scholarship in support of a student with arthritis. This year’s winner was former patient Ben Simpson who now attends the University of Waterloo.

This multifaceted event has many ways in which you can lend your support. You can register to run or walk the course next year on October 14th, 2018 (registration is open now at the special price of $45 for the first 50!). Add the additional challenge of becoming a VIP fundraiser and enjoy the special race day perks mentioned above. Not much of a walker or runner? Can’t make it to the event? Check out the Art Auction which supports the Dr. Bonnie Cameron Post-Secondary Scholarship. There are fabulous works of art up for auction by very accomplished contemporary Canadian artists who have donated their work for this special purpose. If your business or family would like to sponsor this endeavour we’d love to talk to you about making this coming year another smashing success!

To register and become involved in the 2018 Art in Motion event, check out http://artinmotion10k.com/

Want to Get Involved?

The Division of Rheumatology is seeking parents and patients to help in several areas. We are looking for:

- A member to sit on the SickKids Rheumatology Research Council
- Members to represent SickKids on the PR-COIN parent and patient working groups
  
  Please see https://pr-coin.org/families for more information
- Members for the SickKids Rheumatology Family Advisory Council and its subcommittees

Please contact us if you’re interested in joining: rheumatology.newsletter@sickkids.ca

If you would like to contribute to the next newsletter or have suggestions for content, let us know:

rheumatology.newsletter@sickkids.ca

My experience at Camp Cambria 2017
by Amanda Dolson

Camp Cambria was a wonderful experience. To meet other kids my age who were going or had been through the same things, to share coping strategies, and to feel accepted was something amazing. There was no shaming, and if you had to sit out, everyone understood. There were a variety of activities to choose from. From water skiing, to horseback riding, to arts and crafts, to cooking over campfires, I had so many great experiences. At Camp Cambria the staff were absolutely wonderful; they didn’t treat us like we were glass, or make us do anything we couldn’t. They understood, and they accepted that we know our own limits, and that sometimes we couldn’t do the activities. They were all super supportive, and hot or cold packs were always available, as well as golf carts to and from all locations. It was great to be surrounded by other kids who fight the same battles as I do. There was no need to explain, no awkward questions, when I was in pain, because we all know, and understand, that some days are worse than others. All in all, it was super fun, and just really great.

Photographs courtesy of The Arthritis Society
**OHIP +**

Starting January 1, 2018, the Government of Ontario will cover costs of certain medications to people under the age of 25 years with a valid OHIP Card. This new program is called OHIP+.

**It is important to understand that OHIP+ will not automatically cover all medications.**

- If your child has a valid OHIP card, they will automatically be enrolled in OHIP+ on January 1, 2018.

- If your child is already receiving prescription coverage under a government plan, such as Trillium, Ontario Works or Assistance for Children with Severe Disabilities (ACSD), OHIP+ will replace other government plans. If you have a private insurance plan, medications that are not covered by OHIP+ may or may not be covered by that plan.

- You may have to pay out-of-pocket for your child’s medication. Please let your child’s social worker, nurse, pharmacist or doctor know if this will be a burden for your family.

Here is what you need to do to minimize delays and disruptions to your child’s prescription medication coverage.

**Step One**
Everyone should check online at [https://www.ontario.ca/page/checkmedication-coverage/](https://www.ontario.ca/page/checkmedication-coverage/) to see if your child’s medication will be automatically covered by OHIP+. If your child’s medication is designated as “covered”, you do not need to proceed to Step 2. If any of your child’s medications are designated as “may be covered” or “not covered,” proceed to Step 2.

**Step Two**
If your child’s medication will not be automatically covered by OHIP+ and you have private medication insurance, such as Green Shield or Sun Life, contact your insurer to see if they will cover the medication. If your child’s medications will not be covered by your private insurer, or you do not have a private insurance plan, proceed to Step Three.

**Step Three**
If your child’s medication will not be automatically covered by OHIP+ or by your private medication insurance or if you do not have private medication insurance, please contact your child’s doctor, nurse, pharmacist, or social worker. They may be able to assist with identifying alternate sources of funding if medication costs will be a burden to your family.

If you have questions or concerns about your child’s medication coverage please speak to a member of your child’s healthcare team at SickKids.

You can also reach out to the Government of Ontario at [OHIPplus@ontario.ca](mailto:OHIPplus@ontario.ca).
Rheumatology Word Search

Arthritis
Bechet's
CRMO
Fever
Inflammation
JDM
Joints
Lupus
Medicine
Morphea
Pain
Rash
Rheumatology
Stiff
Swelling
Uveitis
Vasculitis

Photographs courtesy of The Arthritis Society and Ingrid Goh

If you would like to join the mailing list please email: rheumatology.newsletter@sickkids.ca