



# The Terrace Café Weekly Menu

July 7-11, 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Specials					
<p>*All menu items are subject to change based upon availability.</p> <p>The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.</p>					
<p><b>Express Breakfast</b></p> 	<p>Served Monday to Friday, from 7 to 11 a.m. See in-store for hot breakfast items prepared daily.</p>				
<p><b>Around The World</b></p> <p><i>Weekly cuisine features from around the world — Mexican, Chinese and more</i></p> 	<p><b>Ooodles of Noodles</b></p> <p>Served on a bed of chow mein noodles or fried rice, choose from:</p> <ul style="list-style-type: none"> <li>• <b>Manchurian Chicken</b> (locally sourced chicken from Bradford Bay, Ont.)</li> <li>• <b>Pineapple Pork</b></li> <li>• <b>Beef and Broccoli</b> (locally sourced beef from Wellington County, Ont.)</li> <li>• <b>Stir-Fried Vegetables with Tofu</b></li> </ul> <p>Make your noodles a meal! Add a vegetable spring roll or two!</p>				

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Daily Specials					
<b>Chef's Corner</b> <i>Home-cooked meals such as salmon, roasted chicken, lasagna and pasta dishes served fresh daily.</i> 	<b>Greek Lemon Chicken</b> served with roasted potatoes and Greek salad  <b>Spaghetti Bolognese</b> served with garlic bread or salad  <b>Haddock Citrine</b> panko and parmesan crusted, served with rice and broccoli	<b>Shaved Roast Beef on a Bun</b> with portobello mushroom, horseradish aioli, caramelized onions, beef gravy. Served with coleslaw  <b>Chili Garlic Baked Salmon</b> served with rice and vegetables  <b>Penne Pasta with Vegetables</b> served with garlic bread or salad  <b>Chicken Adobo</b> served with rice and vegetables	<b>Turkey &amp; Vegetable Stuffed Peppers</b> served with rice or salad  <b>Baked Haitian Fish</b> served with rice and baked squash  <b>Pasta Fazul</b> served with garlic bread or salad	<b>Breaded Pork Cutlet on a Bun</b> with mushroom sauce and crispy onions. Served with vegetables or coleslaw  <b>Pasta Primavera with Turkey</b> served with garlic bread  <b>Tomato Basil Salmon</b> served with rice and vegetables or salad	<b>Fire Roasted Salsa Steak</b> served with roast potatoes and mixed vegetables  <b>Creamy Pasta Bake with Cherry Tomato &amp; Basil</b> served with garlic bread or salad  <b>Homemade English Style Beer Battered Fish</b> served with roast potatoes and creamy coleslaw

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<b>Soup Kettle</b> 	Chicken Noodle Soup  Beef Chili  Vegetarian Stew  Homemade Soup Special of the Day	Chicken Noodle Soup  Beef Chili  Vegetarian Stew  Homemade Soup Special of the Day	Chicken Noodle Soup  Beef Chili  Vegetarian Stew  Homemade Soup Special of the Day	Chicken Noodle Soup  Beef Chili  Vegetarian Stew  Homemade Soup Special of the Day	Chicken Noodle Soup  Beef Chili  Vegetarian Stew  Homemade Soup Special of the Day
<b>The Grill</b> <i>Full breakfast bar, grilled paninis, hamburgers, fries, chicken fingers and more</i> 	See in-store for menu specials.				

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<b>Sandwich Stop</b> <i>Fresh made-to-order sandwich selections.</i> 	See in-store for menu specials.				
<b>Salad Bowl</b> <i>A variety of fresh salads.</i> 	See in-store for menu specials.				

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### Terrace Café

The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.

**Location:** Main Floor, Atrium

**Hours:** Monday to Friday – 7 a.m. to 7 p.m.  
Saturday, Sunday and Holidays – 9 a.m. to 4 p.m.

**Phone:** 416-813-6754

### Food stations

*From our chefs, the Terrace Café offers a full range of meals including:*

- **The Grill: Full breakfast bar (served between 7 and 11 a.m. daily),** grilled paninis, hamburgers, fries, chicken fingers and more.
- **The Chef's Corner (Weekdays, 11 a.m. to 7 p.m.; Weekends and Holidays, 11:30 a.m. to 4 p.m.):** Home-cooked meals such as salmon, roasted chicken, lasagna and other pasta dishes served fresh daily
- **Around The World (Weekdays, 11:30 a.m. to 3 p.m.):** Weekly cuisine features from around the world, like Mexican, Indian, Chinese and more!
- **Salad Bowl:** Salad bar featuring pre-packaged signature salads and protein boxes
- **Sandwich Spot:** Fresh made-to-order sandwich selections
- **Made in Japan Teriyaki Experience**
- **Terrace Pizza:** Selection of pre-packaged pizza, made in-house daily
- **Soup Kettle:** A variety of fresh soups, which change daily
- Plus, a selection of **baked goods and desserts**

**Kids Eat Local!** The Terrace Café at SickKids uses [locally sourced ingredients](#) whenever possible.