

# Knowledge Translation Resource Guide

*Last Updated: December 2025*

Welcome to the SickKids KT Resource Guide!

During many of our courses, participants share their favourite tools, guides, and KT examples. These, alongside contributions from the SickKids KT Team, are compiled below. Some resources may appear within multiple sections where deemed appropriate.

The SickKids KT Team updates this document in December of every year.

*Have a question? Having trouble accessing a link?  
Have a resource you think should be added to the guide?  
Please email [knowledge.translation@sickkids.ca](mailto:knowledge.translation@sickkids.ca).*

## Acknowledgements

Thank you to Ketan Persaud and Sophie Stuart, former Master of Health Promotion students, who led the creation of this document.

## Disclaimer

The resources mentioned in this document are for informational purposes only. While we strive to ensure accuracy, we do not claim ownership of them, unless specified, or necessarily endorse their content, viewpoints, or representations. Any views or opinions expressed are solely those of the respective authors or creators and do not necessarily reflect that of The Hospital for Sick Children. We encourage users to independently verify any information provided and to exercise discretion when relying on these resources. We assume no responsibility or liability for any consequences arising from the use of or reliance on these resources. We also encourage users to credit the creators when using a particular resource. In accessing these resources, you acknowledge and agree to these terms.

## About the Resource Guide

During many of our courses, participants share their favourite tools, guides, and KT examples. These, alongside contributions from the SickKids KT Team, are compiled below. Some resources may appear within multiple sections where deemed appropriate.





## Contact Information

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## KT Communities of Practice

### **Canadian Knowledge Transfer and Exchange Community of Practice**

<https://www.ktecop.ca>

KTECoP fosters collaboration, knowledge sharing, and professional development in the field of knowledge translation and exchange, bridging the gap between research and real-world applications. Bringing together researchers, practitioners and policymakers involved in knowledge translation and exchange across Canada and beyond, it provides resources, events, and opportunities for improving the process of translating research findings into practical actions.

### **Knowledge Mobilization Forum**

<https://researchimpact.ca/kmb-forum/>

The Knowledge Mobilization Forum is an annual event organized by Research Impact Canada. The forum brings together researchers, practitioners, policymakers, and community partners to share best practices and strategies in knowledge mobilization. Participants engage in workshops, presentations, and discussions to foster collaboration and exchange ideas, promoting effective ways to connect research findings with decision-makers for positive social impacts.

### **Communities of Interest/Practice | CAMH KMb**

<https://kmb.camh.ca/eenet/communities>

This site is associated with the Knowledge Mobilization (KMb) unit at the Centre for Addiction and Mental Health (CAMH) in Canada. It relates to EENet (Evidence Exchange Network), a knowledge exchange platform focused on sharing evidence-based information, research, and resources within the mental health and addiction sector in Ontario, Canada. The specific link leads to a section dedicated to "Communities," offering forums, discussion groups, or networks related to mental health and addiction topics.

### **EENet Connect**

<https://www.eenetconnect.ca>

EENet Connect is an online platform within the Evidence Exchange Network (EENet) in Canada. It fosters knowledge exchange and collaboration in the mental health and addictions sector. The platform brings together researchers, practitioners, policymakers, and stakeholders to share information, research findings, and best practices. It offers tools and resources to support knowledge mobilization, networking, and capacity-building efforts in the field.

## KT Training & Capacity Building

### **Specialist Knowledge Translation Training™ (SKTT) | SickKids**

<https://www.sickkids.ca/en/learning/our-programs/knowledge-translation-program/specialist-knowledge-translation-training-sktt/>

SKTT is a workshop intended for those interested in sharing research knowledge with audiences beyond the academic community. The workshop was designed to teach the unique skillset associated with KT practice. This includes understanding how to increase the impact potential of

research, building practical KT planning skills, as well as skills required to communicate with a variety of audiences.

### **Knowledge Translation Professional Certificate™ (KTPC) | SickKids**

<https://www.sickkids.ca/en/learning/our-programs/knowledge-translation-program/knowledge-translation-professional-certificate-ktpc/>

KTPC is a five-day professional development workshop for KT practitioners working across disciplines. The curriculum is delivered as a composite of didactic and interactive teaching, with a focus on KT practice and application. It focuses on the core competencies of KT work in Canada, as identified by a survey of knowledge translation practitioners (Barwick et al., 2010). KTPC™ has been recognized as a Leading Practice by Accreditation Canada since 2013 and is fully accredited by the Continuing Professional Development Office at the University of Toronto's Faculty of Medicine.

### **Planning for Implementation™ (PIP) | SickKids**

<https://www.sickkids.ca/en/learning/our-programs/knowledge-translation-program/planning-for-implmmentation-practice-pip/>

The Planning for Implementation Practice© (PIP) workshop offers a practical approach to developing an implementation plan and is applicable to all innovations, practice settings, and sectors. PIP covers the core elements of implementation with a focus on learning and planning. Participants will be guided by The Implementation Roadmap© (TIR), a step-by-step planning tool for implementers in real-world practice settings. Each participant will receive a digital and hard copy of the TIR© resource.

### **National Collaborating Centre for Methods and Tools (NCCMT)**

<https://www.nccmt.ca/learning-modules>

NCCMT offers several online learning modules, including “Implementing Knowledge Translation Strategies in Public Health” and “Evaluating Knowledge Translation Strategies in Public Health.”

### **Family Engagement in Research Course (CanChild & McMaster University)**

<https://www.canchild.ca/en/research-in-practice/family-engagement-program/fer-course>

This course provides training and resources for researchers and professionals interested in engaging families and caregivers in research related to kids' brain health. It covers effective strategies for involving families, ethical considerations, and best practices for respectful collaboration.

### **Science Communication Career Workshop**

<https://www.youtube.com/watch?v=FfcDy-6neVM>

This recording of the Women's Health Research Cluster Science Communication Career Workshop focuses on empowering women in science communication related to women's health. Expert panelists share insights and advice, covering topics like navigating the communication landscape and overcoming gender barriers.

### **Knowledge Translation Strategies for Different Target Audiences**

<https://www.albertahealthservices.ca/assets/info/amh/if-amh-kt-strategies-for-different-audiences.pdf>

This document by Alberta Health Services outlines effective methods for conveying healthcare knowledge to various audience groups. It delves into tailored approaches to bridge the gap

between research and its practical application. The document discusses strategies for adapting communication techniques to suit the understanding and needs of different audiences, such as healthcare professionals, policymakers, patients, and the public. It covers the importance of using clear language, engaging visuals, and relatable examples to enhance the comprehension and adoption of healthcare information.

## Communication & Dissemination

### Infographics & Stock Photos

#### **Canva**

<https://www.canva.com/>

Canva is an easy-to-use free graphic design tool. Choose from a large library of templates or start-from-scratch to create posters, graphics, brochures, infographics, social media posts, reports, and more.

#### **The Noun Project**

<https://thenounproject.com>

The Noun Project offers an extensive collection of icons and symbols from designers worldwide. The simple and minimalistic icons cover a wide range of objects, concepts, and ideas, making them useful for graphic design projects, presentations, websites, and more. Users can search, download, and utilize these icons to enhance visual communication and simplify complex ideas.

#### **QRCode Studio**

<https://account.qrcode.studio/login>

The QRCode Studio website is a tool to create and manage QR codes. The services provided on the website enable companies and marketers to create custom QR code campaigns, organize them and track their success.

#### **How to Create a Better Research Poster in Less Time**

**Generation 1:** <https://www.youtube.com/watch?v=1RwJbhkCA58>

**Generation 2:** <https://www.youtube.com/watch?v=SYk29tnxASs>

In these videos, Mike Morrison shares valuable tips and strategies to design more effective and visually engaging research posters. The #betterposter movement seeks to revolutionize the traditional scientific poster format, promoting a more concise, clear, and visually appealing presentation of research findings. The Generation 2 approach includes ideas for using larger visuals, reducing text, organizing content in a reader-friendly manner, and incorporating QR codes to provide additional information to interested viewers.

#### **Pexels**

<https://pexels.com>

Pexels offers a vast collection of high-quality and free stock photos, videos, and music. It serves as a valuable resource for individuals, businesses, and creatives looking for visually appealing content to use in various projects, presentations, websites, social media, and more.

## UnSplash

<https://unsplash.com/>

UnSplash hosts a large collection of high-quality and free stock photos, provided by creators all over the globe.

## Video Creation & Animation

### Vyond

<https://www.vyond.com>

Vyond is a (paid) online platform that helps users to create animated videos with ease. It offers a user-friendly interface and a library of pre-designed characters, props, and backgrounds. The platform is commonly used for making animated explainer videos, training materials, presentations, and more.

### Vimeo

<https://vimeo.com/>

Vimeo is well-known as an online video-sharing platform, but the platform also has numerous tools to help record, edit, and produce video content. Video templates and more are offered to help creators make polished videos with any level of expertise.

## Plain Language & Readability

### TLDR

<https://tldrthis.com>

This website aims to save time for users by offering concise and easy-to-digest summaries of longer articles, allowing readers to quickly grasp main points without reading the entire text.

### Govt of Canada: Plain Language – Accessibility Standards Canada

[CAN-ASC-3.1:2025 – Plain Language - Accessibility Standards Canada](#)

This Government of Canada website offers an overview of plain language, its relationship to public engagement and accessibility, and details plain language writing tips.

### U.S. Federal Plain Language Guidelines

<https://www.plainlanguage.gov/guidelines/>

Offers a checklist to create content in plain language, which uses clear, straightforward language to make information more accessible to diverse audiences.

### BCCDC Covid-19 Language Guide

[https://www.bccdc.ca/Health-Professionals-Site/Documents/public\\_health/Language\\_Guide.pdf](https://www.bccdc.ca/Health-Professionals-Site/Documents/public_health/Language_Guide.pdf)

The "BCCDC COVID-19 Language Guide" is a resource developed by the British Columbia Centre for Disease Control (BCCDC) in Canada. It offers clear and accurate language related to COVID-19 to improve communication among the public, healthcare professionals, and policymakers.

## **Canada.ca Content Style Guide**

<https://design.canada.ca/style-guide/>

The Canada Content Style Guide is an official resource by the Treasury Board Secretariat of Canada. It provides guidelines for government communicators to maintain consistency and clarity in all government-related content. Covering writing, grammar, accessibility, and visual identity, the guide aims to ensure transparent and accessible communication with citizens and stakeholders.

## **Readable**

<https://app.readable.com/text/>

Readable is a web-based tool that allows users to analyze the readability of written content by pasting or uploading text. The tool provides various readability metrics and scores to assess how easily understandable the text is for readers. In addition, it offers suggestions and insights to help users improve the clarity and accessibility of their written content.

## **Hemingway Editor**

<https://hemingwayapp.com/>

Hemingway Editor is a web-based writing tool. It helps users enhance the readability and clarity of their written content. After pasting or typing text into the editor, the tool offers readability metrics and suggestions, highlighting complex sentences, adverbs, and passive voice.

# Data Visualization

## **OutNav**

<https://www.outnav.net/>

OutNav supports social impact organizations and initiatives in managing and evaluating their projects. OutNav's tools and features assist users in tracking their project outcomes, progress, and impact over time. It includes features like data collection, performance measurement, and data visualization to help organizations understand and communicate their social impact more effectively.

## **Ten (10) data visualization tips**

<https://idl-bnc-idrc.dspacedirect.org/handle/10625/55600>

This tip sheet/guide explores how best to communicate results and research effectively to influence stakeholders. The guide aims to assist researchers and organizations in presenting data in a clear, engaging, and influential manner.

## **Tableau**

<https://www.tableau.com>

Tableau Software is a leading data visualization and business intelligence platform. It offers tools for data analysis, visualization, and sharing, catering to businesses, organizations, and individuals seeking to make data-driven decisions. Tableau's user-friendly features include interactive dashboards, drag-and-drop analytics, and real-time collaboration, empowering users to create visually engaging charts and graphs without extensive coding knowledge.

### **Power BI**

<https://powerbi.microsoft.com/en-ca/landing/free-account/>

Microsoft Power BI is a robust business analytics and data visualization platform. Power BI allows users to connect to diverse data sources, transform raw data into meaningful insights, and create interactive reports and dashboards. It offers a wide array of visualization tools like charts, graphs, and maps, making it a great tool for those looking to analyze data, monitor key performance indicators, and make data-driven decisions.

### **Gap Minder**

<https://www.gapminder.org>

Gapminder is a non-profit organization based in Sweden that aims to promote sustainable global development and combat misconceptions about global trends and statistics. They provide free access to datasets and data visualization tools to help individuals, researchers, and policymakers better understand complex global issues.

### **Stop the Clock**

<https://www.youtube.com/watch?v=NkksNkghevo>

Parachute's video raises awareness of preventable injuries and aims to mitigate the staggering impact that injuries have on Canadians using visualizations of statistics.

## Implementation

### **National Collaborating Centre for Methods and Tools (NCCMT)**

<https://www.nccmt.ca/learning-modules>

NCCMT offers several online learning modules, including “Implementing Knowledge Translation Strategies in Public Health” and “Evaluating Knowledge Translation Strategies in Public Health.”

### **Research Dissemination Knowledge Translation & Impact**

<https://hseresearch.ie/research-dissemination-and-translation/>

This website belongs to the Health Services and Health Systems Research (HSR) Group in Ireland. It focuses on research dissemination and translation within the field of health services and health systems. The website offers resources, publications, and information aimed at researchers, policymakers, and healthcare professionals interested in effectively disseminating research findings and translating them into practical applications to enhance healthcare practices and policy development.

### **Microsoft PowerPoint - RACI Matrix Tool Guidance.pptx (state.tx.us)**

<https://ftp.dot.state.tx.us/pub/txdot-info/tpd/project-portfolio/raci-matrix-tool-guidance.pdf>

‘Make Decisions Using RACI Framework (Responsible, Accountable, Consulted, Informed)’ on TC Transport explains how the RACI framework helps with decision-making. It assigns roles and responsibilities to team members, clarifying who is responsible for tasks, who takes ownership of outcomes, who provides input, and who needs to be informed. This streamlines decision-making, enhances communication, and ensures clear accountability within the organization.

### **CFIR-ERIC Implementation Strategy Matching Tool**

<https://cfirguide.org/choosing-strategies/>

The "CFIR-ERIC Implementation Strategy Matching Tool" helps users select appropriate implementation strategies for their projects. It combines the "Consolidated Framework for Implementation Research" (CFIR), which identifies factors influencing success, with "Expert Recommendations for Implementing Change" (ERIC) compilation. By aligning strategies with relevant determinants and context, it enhances the likelihood of successful implementation.

#### **KT Products | Cundill Centre for Child & Youth Depression**

<https://www.camh.ca/en/science-and-research/institutes-and-centres/cundill-centre-for-child-and-youth-depression>

The Cundill Centre for Child and Youth Depression provides clinical innovations and tools to advance the understanding and treatment of depression in young individuals. These resources include research-based assessment measures, evidence-based interventions, and treatment protocols tailored for children and youth with depression. The center's goal is to improve mental health outcomes by offering effective support to young individuals and contributing to the broader understanding of depression through cutting-edge research and practice.

## Evaluation & Monitoring

#### **National Collaborating Centre for Methods and Tools (NCCMT)**

<https://www.nccmt.ca/learning-modules>

NCCMT offers several online learning modules, including "Implementing Knowledge Translation Strategies in Public Health" and "Evaluating Knowledge Translation Strategies in Public Health."

#### **Knowledge Translation Evaluation Planning Guide**

<https://www.albertahealthservices.ca/assets/info/amh/if-amh-ke-kt-evaluation-planning-guide.pdf>

This document from Alberta Health Services offers a framework for assessing the effectiveness of knowledge translation initiatives. It provides guidance on designing evaluation strategies to measure the impact of translating research into practical use. The guide covers topics such as defining clear objectives, selecting appropriate evaluation methods, and identifying key performance indicators. It emphasizes the importance of involving relevant stakeholders and considering various factors that can influence the success of knowledge translation efforts. Overall, the document aids in planning and executing evaluations that help gauge the extent to which research-based information is effectively integrated into healthcare practices and policies.

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<https://www.outnav.net/>

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#### **Voxco**

<https://www.voxco.com>

Voxco is a software company specializing in survey and data collection solutions. Their user-

friendly and customizable survey tools help organizations and researchers design, deploy, and analyze surveys to gather valuable insights from target audiences. Voxco's platform offers features like survey scripting, multi-channel deployment, data analysis, and reporting tools.

#### **Overton**

<https://www.overton.io>

An online platform; searchable index of policy documents that link to research sources in an automated way; it can be a way to measure reach of research evidence in policy.

#### **Patient Education Materials Assessment Tool**

<https://www.ahrq.gov/health-literacy/patient-education/pemat.html>

This page on the Agency for Healthcare Research and Quality (AHRQ) website provides information about the "Patient Education Materials Assessment Tool" (PEMAT). This tool helps healthcare professionals and organizations evaluate patient education materials for clarity and effectiveness. By using the PEMAT, healthcare providers can ensure that their educational materials are understandable and actionable for patients and caregivers, ultimately leading to improved patient engagement and health outcomes.

## **EDI Resources for KT**

#### **Gender-based Analysis Plus (GBA+)**

<https://women-gender-equality.canada.ca/en/gender-based-analysis-plus.html>

GBA+ is an intersectional analysis tool designed to help ensure policies, programs, and other initiatives are as inclusive as possible.

#### **AccessAbility 2: A Practical Handbook on Accessible Graphic Design**

<https://www.rgd.ca/resources/accessibility/access>

The page on the Association of Registered Graphic Designers (RGD) of Canada's website provides resources on accessibility in graphic design. It offers guidelines, tools, and information to help graphic designers create inclusive and accessible designs for individuals with disabilities. Topics covered include designing for assistive technologies, creating accessible digital and print materials, and adhering to accessibility standards.

#### **Communicating With and About People with Disabilities**

<https://www.cdc.gov/disability-and-health/articles-documents/communicating-with-and-about-people-with-disabilities.html>

The CDC's "Communicating with and About People with Disabilities" is a resource that offers guidelines and tips for effective communication in healthcare and public health settings concerning individuals with disabilities. The factsheet emphasizes the importance of using inclusive and respectful language while interacting with people with disabilities. It aims to promote awareness, understanding, and sensitivity in communication to ensure accessibility and inclusivity for individuals with disabilities.

#### **SAN'YAS Anti-Racism Indigenous Cultural Safety Training Program**

<https://sanyas.ca/core-training/ontario>

The SAN'YAS Anti-Racism Indigenous Cultural Safety Training Program is an educational initiative promoting cultural safety, anti-racism, and Indigenous awareness. It offers training and resources

to individuals and organizations to foster understanding and respect for Indigenous cultures and experiences. Through learning sessions and workshops, participants gain insights into Indigenous worldviews, colonization's impacts, and the importance of cultural safety in various contexts. The program aims to create a more inclusive and culturally competent society, working towards reconciliation and combating racism against Indigenous peoples in Canada.

### **Thinking Differently: Autism in First Nations Communities**

<https://themontraleeronline.com/2021/12/thinking-differently-autism-in-first-nations-communities/>

The article "Thinking Differently: Autism in First Nations Communities" from The Montrealer discusses autism within Indigenous First Nations communities. It highlights the importance of understanding and addressing autism from a cultural perspective. The article explores challenges faced by First Nations families dealing with autism and emphasizes the need for culturally appropriate support and services. By recognizing the unique cultural context, the article advocates for promoting inclusivity, empowering individuals with autism, and fostering awareness and understanding within these communities.

### **Mno Bmaadziwin Living the Good and Healthy Life Community Safety and Wellbeing Indigenous Engagement Report Off-Reserve Niagara Region, Canada 2021**

<https://niagaraknowledgeexchange.com/resources-publications/mno-bmaadziwin-living-the-good-and-healthy-life-community-safety-and-wellbeing-indigenous-engagement-report-off-reserve-niagara-region-canada-2021/>

The report focuses on community safety and well-being among Indigenous populations living off-reserve in the Niagara Region of Canada. It presents insights from engagement initiatives and research, providing perspectives and experiences of Indigenous communities. The report aims to inform strategies and initiatives that promote good health and well-being within these communities.

### **Racial Humility over Competence: Addressing Anti-Black Racism and Healthcare Leadership Responsibility | Massaquoi (2023)**

<https://journals.sagepub.com/doi/full/10.1177/08404704231186807>

This article advocates for a transformative approach to combating anti-Black racism in healthcare leadership. It stresses the significance of racial humility, urging leaders to recognize their biases and limitations while addressing racial disparities. By embracing humility and self-awareness, healthcare leaders can create a more inclusive and equitable environment for Black patients and professionals. The article highlights that a shift from competence to humility is crucial in fostering lasting change and promoting health equity within the healthcare system.

### **Elimination of Harmful Language Initiative**

<https://s.wsj.net/public/resources/documents/stanfordlanguage.pdf>

This Stanford University initiative aims to address and eliminate harmful language on campus, particularly focusing on issues of inclusivity, diversity, and sensitivity. The initiative involves raising awareness, educating the community on appropriate language use, and implementing guidelines to foster a respectful and inclusive environment. By discouraging harmful language and promoting positive communication, Stanford strives to create a more respectful and supportive campus community for all its members.

# Community Engagement

## **Family Engagement in Research Course (CanChild & McMaster University)**

<https://www.canchild.ca/en/research-in-practice/family-engagement-program/fer-course>

This course provides training and resources for researchers and professionals interested in engaging families and caregivers in research related to kids' brain health. It covers effective strategies for involving families, ethical considerations, and best practices for respectful collaboration.

## **Youth Engagement Guidebook for Researchers**

<https://edc.camhx.ca/redcap/surveys/index.php?s=3YECEANNYJ>

The INNOVATE Research: Youth Engagement Guidebook is a comprehensive resource developed by a pan-Canadian team of youth and researchers experienced in engaging youth in research. It offers step-by-step instructions, real-life examples, and practical worksheets to involve youth in research activities from defining questions to knowledge translation. The guidebook aims to support researchers throughout the engagement process.

## **Child-Sized KT**

<https://cskt.digitallab.org>

This resource from BC Children's Hospital was created to teach youth and families, in an accessible way, how they can participate in research. Youth and family can play or watch along to learn what to expect when participating in research and the value they can bring.

## **UK Standards for Public Involvement in Research**

<https://sites.google.com/nih.ac.uk/pi-standards/home>

Provides information and guidelines related to PI (Principal Investigator) standards. It serves as a resource for researchers and individuals involved in clinical trials or other research projects, with a focus on the standards and best practices expected from principal investigators. The website covers topics such as ethics, governance, data management, participant safety, and other essential aspects of research leadership.

## **CIHR Strategy for Patient-Oriented Research (SPOR) Patient Engagement Framework**

<https://cihr-irsc.gc.ca/e/48413.html>

The CIHR SPOR - Patient Engagement Framework promotes active patient involvement in health research. It defines patient engagement as a collaborative process with patients, caregivers, and families throughout all research stages. The framework emphasizes guiding principles like respect and inclusivity, offering strategies for enhanced engagement such as research priority setting and partnership development. It prioritizes impact evaluation and ethical considerations, with the goal of creating meaningful partnerships, improving research relevance, and facilitating knowledge translation in healthcare practices and policies.

## **Briefing notes for researchers - public involvement in NHS, health and social care research (NIHR, UK)**

<https://www.nihr.ac.uk/documents/briefing-notes-for-researchers-public-involvement-in-nhs-health-and-social-care-research/27371>

The NIHR's "Briefing Notes for Researchers - Public Involvement in NHS, Health, and Social Care Research" is a comprehensive guide that encourages researchers to involve the public in their

projects. It emphasizes the importance of public involvement, highlights benefits, and offers strategies for engagement across various research phases. The notes address challenges, ethical considerations, and provide resources for effective public engagement. Researchers can use these briefing notes to improve research quality and impact by actively collaborating with patients, carers, and the public as partners in the research process.

### **Patient and public involvement in research: What, why and how?**

<https://training.cochrane.org/resource/patient-and-public-involvement-research-what-why-and-how>

The Cochrane Training resource, "Patient and Public Involvement in Research: What, Why, and How?" emphasizes the importance of involving patients and the public in the research process to enhance its quality and relevance. The resource outlines the benefits of patient and public involvement (PPI) in research and provides practical guidance on how to engage them effectively throughout all research stages. It suggests various strategies for engagement, addresses ethical considerations, and offers solutions for potential challenges. The training material also highlights the need to assess the impact of PPI and directs researchers to additional resources for further support.

### **Patient Partner Appreciation Policy and Protocol | SPOR**

[https://sporevidencealliance.ca/wp-content/uploads/2020/10/SPOR-EA\\_Patient-Partner-Appreciation-Policy-and-Procedure\\_2020.pdf](https://sporevidencealliance.ca/wp-content/uploads/2020/10/SPOR-EA_Patient-Partner-Appreciation-Policy-and-Procedure_2020.pdf)

The "Patient Partner Appreciation Policy and Protocol" focuses on acknowledging the vital contributions of patient partners in research and establishing guidelines for showing gratitude and providing recognition. Elements of this policy includes defining patient partners, implementing appreciation strategies like regular updates and training opportunities, ensuring ethical considerations, remuneration and evaluating the policy's effectiveness for continuous improvement.

### **Budgeting for Engagement Activities (PCORI, USA)**

<https://www.pcori.org/sites/default/files/PCORI-Budgeting-for-Engagement-Activities.pdf>

PCORI offers guidelines for "Budgeting for Engagement Activities" to encourage meaningful involvement of patients and stakeholders in research. Researchers should allocate appropriate funding, ensuring transparency and justification. The budget should reflect engagement needs, be reasonable, and promote inclusivity. PCORI provides ongoing support and resources to align budgets with patient-centered research objectives.

### **Thinking Differently: Autism in First Nations Communities**

<https://themontraleeronline.com/2021/12/thinking-differently-autism-in-first-nations-communities/>

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 **Mno Bmaadziwin Living the Good and Healthy Life Community Safety and Wellbeing Indigenous Engagement Report Off-Reserve Niagara Region, Canada 2021**

<https://niagaraknowledgeexchange.com/resources-publications/mno-bmaadziwin-living-the-good-and-healthy-life-community-safety-and-wellbeing-indigenous-engagement-report-off-reserve-niagara-region-canada-2021/>

The report focuses on community safety and well-being among Indigenous populations living off-reserve in the Niagara Region of Canada. It presents insights from engagement initiatives and research, providing perspectives and experiences of Indigenous communities. The report aims to inform strategies and initiatives that promote good health and well-being within these communities.

 **Preventable**

<https://www.preventable.ca>

"Preventable" is a public awareness campaign in British Columbia, Canada. The campaign aims to prevent serious injuries and promote safety by raising awareness about preventable accidents and injuries such as falls, burns, and drownings. It focuses on educating the public, healthcare professionals, and policymakers about injury prevention strategies and safety measures.

## Research on KT

 **How to translate scientific knowledge into practice? Concepts, models and application | Garcia Vieira, Gastaldo & Harrison (2020)**

<https://doi.org/10.1590/0034-7167-2019-0179>

This research paper explores the process of translating scientific knowledge into practical application. The paper discusses various concepts and models used in the field of knowledge translation. It also provides examples of how these concepts and models are applied in real-world settings to bridge the gap between research findings and practical implementation in healthcare and other fields.

 **A community knowledge mobilization evaluation framework | Worton et al. (2017)**

[https://www.researchgate.net/publication/317809288\\_Evidence\\_to\\_impact\\_A\\_community\\_knowledge\\_mobilisation\\_evaluation\\_framework](https://www.researchgate.net/publication/317809288_Evidence_to_impact_A_community_knowledge_mobilisation_evaluation_framework)

This article introduces a systematic evaluation framework for assessing the effectiveness of community knowledge mobilization initiatives. It focuses on projects that aim to engage with communities and effectively disseminate knowledge. The framework provides guidelines and methodologies to measure factors such as community involvement and the impact of knowledge dissemination on project outcomes. By offering this evaluation approach, the article aims to improve the understanding and effectiveness of community knowledge mobilization efforts, ultimately enhancing the positive impact of such initiatives on the communities they serve.

 **Implementing evidence-based practices: a transformational organizational change | Brown, Rounthwaite & Barwick (2011)**

[https://www.researchgate.net/publication/281666139\\_Implementing\\_Evidence-based\\_Practices\\_A\\_Transformational\\_Organizational\\_Change\\_Process](https://www.researchgate.net/publication/281666139_Implementing_Evidence-based_Practices_A_Transformational_Organizational_Change_Process)

This article discusses the process of introducing evidence-based practices in an organization, emphasizing the need for significant organizational transformation. The authors explore strategies to drive successful adoption, address challenges, and improve service delivery and outcomes.

based on evidence.

### **Shifting sands: a case study of process change in scaling up for evidence-based practice | Barwick, Kimber & Fearing (2011)**

[https://www.researchgate.net/publication/256145048\\_Shifting\\_Sands\\_A\\_Case\\_Study\\_of\\_Process\\_Change\\_in\\_Scaling\\_up\\_for\\_Evidence\\_Based\\_Practice](https://www.researchgate.net/publication/256145048_Shifting_Sands_A_Case_Study_of_Process_Change_in_Scaling_up_for_Evidence_Based_Practice)

This article presents a case study of process change in the context of scaling up evidence-based practices. The study examines the challenges and strategies involved in implementing evidence-based practices on a larger scale. It explores how organizations navigate the complexities of process change to effectively integrate evidence-based approaches in their practices.

## AI Tools

### **DALL-E**

<https://openai.com/dall-e-2>

DALL-E is an AI model developed by OpenAI that can generate images from textual descriptions. It combines deep learning and generative algorithms to understand text prompts and create corresponding images. With its creative and practical applications, DALL-E holds potential for artwork generation, design automation, and visualizing concepts based on text.

### **Vimeo**

<https://vimeo.com>

Vimeo is an online video-sharing platform known for its high-quality content and creative community. It provides users with the ability to upload, share, and showcase videos, offering features such as customizable privacy settings and video analytics. Popular among filmmakers and artists, Vimeo emphasizes professionalism and creativity, setting it apart from mainstream video-sharing sites.

## Storytelling Examples

### **Schistosomiasis - Impacting Medicine through Art: Shelly Xie at TEDxLivermore**

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[Youth Voices | Part 1: Hiding the Struggle](#)

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"Parachute Canada" is a national charitable organization focused on injury prevention and safety awareness. They share educational videos, safety tips, and content related to preventing injuries.

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and supports emotional healing. The video promotes a compassionate and supportive society by encouraging viewers to embrace empathy as a powerful tool for meaningful human interactions.

## Examples of KT in Action

### **Child-Sized KT**

<https://cskt.digitallab.org>

This resource from BC Children's Hospital was created to teach youth and families, in an accessible way, how they can participate in research. Youth and family can play or watch along to learn what to expect when participating research and the value they can bring.

### **New research shows what it takes to make society change for the better**

<https://www.sciencedaily.com/releases/2022/04/220401160545.htm>

This article from Science Daily presents new research findings that shed light on the factors influencing positive societal change. The research identifies key elements required to bring about meaningful improvements in society. It likely delves into aspects such as the importance of collective efforts, influential leadership, effective communication, and engagement with various stakeholders. By understanding these essential components, the research aims to offer valuable insights for driving positive change and social progress.

### **International Development Research Centre**

<https://idrc-crdd.ca/en/stories>

This site is dedicated to stories and narratives published by the International Development Research Centre (IDRC). The website features a collection of stories that highlight the impact and outcomes of various research projects and initiatives supported by IDRC in the field of international development. These stories showcase how research efforts have contributed to positive changes and sustainable development in different regions and communities worldwide.

### **Collaborating for adaptation: findings and outcomes of a research initiative across Africa and Asia**

<https://idl-bnc-idrc.dspacedirect.org/handle/10625/58971>

Collaborating for Adaptation is a research initiative conducted across Africa and Asia. The initiative's focus is on adaptation to climate change. The report presents findings and outcomes from collaborative efforts, involving multiple organizations and stakeholders, to address the challenges of adapting to climate change in these regions.

### **IDRC support to African authors helps produce strong IPCC assessment of African climate evidence**

<https://idrc-crdd.ca/en/research-in-action/idrc-support-african-authors-helps-produce-strong-ipcc-assessment-african>

The article highlights the support provided by the International Development Research Centre (IDRC) to African authors, which resulted in a robust Intergovernmental Panel on Climate Change (IPCC) assessment of African climate evidence. The IDRC's assistance played a crucial role in enhancing the representation and quality of research from Africa in the IPCC report. By collaborating with African researchers and authors, IDRC contributed to a more comprehensive and accurate understanding of climate change impacts and adaptation strategies in the African context within the IPCC assessment.

### **Launch of the Cundill Centre Online Tool for the Treatment of Youth Depression**

<https://www.youtube.com/watch?v=GLLQloOpNZs>

In this webinar, the Cundill Centre for Child and Youth Depression at CAMH launched its free, interactive online tool that summarizes best practices for supporting youth as they manage their depression. The evidence-based clinical resource is meant for primary care providers and other frontline clinicians and takes about 20 minutes to complete.

### **Frontiers for Young Minds**

<https://kids.frontiersin.org/>

Frontiers for Young Minds is a scientific journal specially designed for children and teenagers. The journal features articles written by scientists in a simplified language, making complex research accessible to young readers. Through a unique review process involving both scientists and young reviewers, the content ensures accuracy and clarity. Covering various scientific disciplines, such as biology, physics, and neuroscience, the website serves as an interactive space for young individuals to explore cutting-edge research, fostering their curiosity and promoting scientific literacy.

### **Project Echo**

<https://sickkids.echoontario.ca>

SickKids' Paediatric Project ECHO is a tele-mentoring program offered by The Hospital for Sick Children (SickKids) in Toronto, Canada. It utilizes the Project ECHO model to build Virtual Communities of Practice, connecting SickKids specialists with healthcare providers in other locations through virtual teleECHO clinics. The program aims to enhance the expertise of primary care providers in managing complex pediatric cases through regular virtual sessions, improving pediatric care in underserved areas and enhancing patient outcomes.

### **Canadian Guidelines for Post-COVID-19 Condition**

<https://canpcc.ca/home/>

The "Canadian Guidelines for Post-COVID-19 Condition" from the GRADE center at McMaster University are evidence-based recommendations aimed at addressing the care and management of individuals experiencing lingering health issues after recovering from COVID-19.

### **A guided tour of resources developed to support an integrated care pathway for youth with depression**

<https://www.youtube.com/watch?v=TxYPNsU0ndk>

The Centre for Addiction and Mental Health (CAMH) offers a guided tour of resources supporting an integrated care pathway for youth with depression. The pathway aims to provide coordinated and comprehensive care, involving various healthcare professionals. The resources include clinical guidelines, assessment tools, and treatment protocols to enhance the quality of care and improve outcomes for depressed youth. CAMH's guided tour helps healthcare providers access and implement evidence-based approaches, ensuring a holistic approach to address the complex needs of young individuals with depression.

### **OutNav**

<https://www.outnav.net/>

OutNav supports social impact organizations and initiatives in managing and evaluating their projects. OutNav's tools and features assist users in tracking their project outcomes, progress, and impact over time. It includes features like data collection, performance measurement, and data visualization to help organizations understand and communicate their social impact more effectively.

### **Stop the Clock**

<https://www.youtube.com/watch?v=NkksNkghevo>

Parachute's video raises awareness of preventable injuries and aims to mitigate the staggering impact that injuries have on Canadians using visualizations of statistics.

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