

# Is volunteering at SickKids in the Adult Volunteer Program a good fit for you?

**Volunteering at SickKids can be a rewarding experience. To determine if a SickKids volunteer opportunity is a good fit for you, take a few minutes to read through the following:**

## Part 1 - Questions to consider:

- Are you hoping to gain clinical experience by practicing skills learned at school?\*
- Are you looking to shadow a healthcare provider or observe medical procedures?
- Are you eager to share your own personal story (healthcare or otherwise) with others?
- Are you hopeful that volunteering will help you heal from losing a loved one?
- Are you curious to learn about patient diagnosis/prognosis?
- Are you interested in working at SickKids and hopeful volunteering will be a direct pathway to employment?

If you answered “**yes**” to any of these questions, volunteering at SickKids may not meet your goals or expectations as a volunteer.

If you answered “**no**” to the questions, continue to part 2.

## Part 2 – Statements to consider:

- I have thought about my schedule carefully to make sure that I am able to commit to a weekly three-hour shift over the course of four months
- I am comfortable seeing and interacting with children who are sick or in pain and families in distress
- I am committed to treating my volunteer commitment with a similar seriousness to my school/work/other important obligations
- I enjoy new situations and working independently in a highly variable and dynamic setting
- I am confident in my ability to maintain professional boundaries with patients and families

If you answered “**no**” to any of these statements, volunteering in the Child Life, Hospital Support, or Administrative Volunteer Program may not be the best fit for you.

If you answered “**yes**” to these statement questions, volunteering at SickKids looks like a good fit for you.



### Note

- \*Our volunteer programs do not qualify for academic credit or fulfill course requirements. For those seeking student placement opportunities, we invite you to explore the [Health Discipline Learners](#) and [Becoming a Research Student or Fellow](#) sites for more information. We appreciate your interest and encourage you to pursue these alternative paths for academic advancement.