



The Terrace Café Weekly Menu

March 18–22, 2024




	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Specials					
<p>*All menu items are subject to change based upon availability.</p> <p>The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.</p>					
<p>Express Breakfast</p> 	<p>Served Monday to Friday, from 7 to 11 a.m. See in-store for hot breakfast items prepared daily.</p>				
<p>Around The World</p> <p><i>Weekly cuisine features from around the world — Mexican, Chinese and more</i></p> 	<p>Ooodles of Noodles</p> <p>Served on a bed of chow mein noodles or fried rice, choose from:</p> <ul style="list-style-type: none"> • Manchurian chicken (locally sourced chicken from Bradford Bay, Ont.) • Pineapple pork • Beef and broccoli (locally sourced beef from Wellington County, Ont.) • Stir-fried vegetables with tofu <p>Make your noodles a meal! Add a vegetable spring roll or two!</p>				

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Daily Specials					
Chef's Corner <i>Home-cooked meals such as salmon, roasted chicken, lasagna and pasta dishes served fresh daily.</i> 	Beef lasagna served with golden garlic bread or salad Baked Haitian fish (medley of peppers, jalapeno peppers, tomatoes, orange juice, jerk seasoning) Served with Haitian style rice and beans and baked squash Pineapple ginger chicken served with rice and squash or salad	Jamaican jerk chicken served with rice and rice baked squash Lemon panko crusted salmon served rice and peas and squash Veggie beef and pasta bake served with garlic bread	Turkey pot pie served with tossed green salad Tandoori haddock served with rice and roasted vegetables Portobello penne pasta casserole served with golden garlic bread or salad	Breaded pork cutlet on a bun served with crispy onions and mushroom sauce, roasted potato wedges and green beans Ginger cumin chicken Penne pasta with spicy vodka tomato cream sauce served with golden garlic bread or salad	Rosemary mustard steak served with crispy onions, loaded baked potato and chipotle mango coleslaw Roasted red pepper and lentil soup Spaghetti bolognese served with golden garlic toast or salad Fish & chips Fridays Homemade English style beer-battered fish served with potato wedges and Chipotle mango coleslaw

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Soup Kettle 	Chicken noodle soup Beef chili Vegetarian stew Homemade soup special of the day	Chicken noodle soup Beef chili Vegetarian stew Homemade soup special of the day	Chicken noodle soup Beef chili Vegetarian stew Homemade soup special of the day	Chicken noodle soup Beef chili Vegetarian stew Homemade soup special of the day	Chicken noodle soup Beef chili Vegetarian stew Homemade soup special of the day
The Grill <i>Full breakfast bar, grilled paninis, hamburgers, fries, chicken fingers and more</i> 	See in-store for menu specials.				

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Sandwich Stop <i>Fresh made-to-order sandwich selections.</i> 	See in-store for menu specials.				
Salad Bowl <i>A variety of fresh salads.</i> 	See in-store for menu specials.				

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Terrace Café

The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.

Location: Main Floor, Atrium

Hours: Monday to Friday – 7 a.m. to 7 p.m.
Saturday, Sunday and Holidays – 9 a.m. to 4 p.m.

Phone: 416-813-6754

Food stations

From our chefs, the Terrace Café offers a full range of meals including:

- **The Grill: Full breakfast bar (served between 7 and 11 a.m. daily)**, grilled paninis, hamburgers, fries, chicken fingers and more.
- **The Chef's Corner (Weekdays, 11 a.m. to 7 p.m.; Weekends and Holidays, 11:30 a.m. to 4 p.m.)**: Home-cooked meals such as salmon, roasted chicken, lasagna and other pasta dishes served fresh daily
- **Around The World (Weekdays, 11:30 a.m. to 3 p.m.)**: Weekly cuisine features from around the world, like Mexican, Indian, Chinese and more!
- **Salad Bowl**: Salad bar featuring pre-packaged signature salads and protein boxes
- **Sandwich Spot**: Fresh made-to-order sandwich selections
- **Made in Japan Teriyaki Experience**
- **Pizza Pizza Grab & Go fridge**: Full selection of pre-packaged snack options
- **Soup Kettle**: A variety of fresh soups, which change daily
- Plus, a selection of **baked goods and desserts**

Kids Eat Local! The Terrace Café at SickKids uses [locally sourced ingredients](#) whenever possible.