



The Terrace Café Weekly Menu
September 30 – October 4, 2024




	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Specials					
<p>*All menu items are subject to change based upon availability. The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.</p>					
<p>Express Breakfast</p> 	<p>Served Monday to Friday, from 7 to 11 a.m. See in-store for hot breakfast items prepared daily.</p>				
<p>Around The World <i>Weekly cuisine features from around the world — Mexican, Chinese and more</i></p> 	<p>Andrew's Rotis</p> <p>Roti with your choice of:</p> <ul style="list-style-type: none"> • Chickpea and Potato • Chicken and Potato (locally sourced chicken from Bradford Bay, Ont.) • Curried Goat <p>Served with hot and spicy apple chutney or apple kutchular and Caribbean pepper paw sauce.</p> <p>Doubles are on the menu too!</p>				

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Daily Specials					
<p>Chef's Corner <i>Home-cooked meals such as salmon, roasted chicken, lasagna and pasta dishes served fresh daily.</i></p> 	<p>Fried Bradford Bay Chicken with Honey Lemon Drizzle served with coleslaw and potato wedges</p> <p>Spaghetti with Fresh Tomato & Basil served with mixed greens or garlic toast</p> <p>Grilled Salmon with Summer Vegetable Relish served with rice and carrots</p>	<p>Lemon Basil Grilled Chicken served with rice and roasted asparagus or salad</p> <p>Baked Beef & Vegetable Pasta served with garlic bread</p> <p>Caribbean Fish with Mango Salsa served with rice and roasted asparagus or salad</p>	<p>Jamaican Jerk Chicken served with rice and baked squash</p> <p>Baked Haitian Fish served with rice and baked squash</p> <p>Penne Pasta with Garden Fresh Vegetables served with salad or golden garlic toast</p>	<p>Breaded Pork Cutlet on a Bun with mushroom sauce, crispy onions and marinated vegetable salad</p> <p>Baked Salmon served with rice and vegetables</p> <p>Roasted Peppers, Spinach & Cheese Frittata served with salad</p>	<p>Marinated Grilled Sirloin Steak with Onion Mustard Sauce served with roasted potatoes and carrots</p> <p>Homemade English Style Beer Battered Fish served with roasted potatoes and coleslaw</p> <p>Fusilli with Rapini, Garlic & Tomato Wine Sauce served with salad or garlic bread</p>

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<p>Soup Kettle</p> 	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>
<p>The Grill</p> <p><i>Full breakfast bar, grilled paninis, hamburgers, fries, chicken fingers and more</i></p> 	<p>See in-store for menu specials.</p>				

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<p>Sandwich Stop <i>Fresh made-to-order sandwich selections.</i></p> 	See in-store for menu specials.				
<p>Salad Bowl <i>A variety of fresh salads.</i></p> 	See in-store for menu specials.				

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Terrace Café

The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.

Location: Main Floor, Atrium

Hours: Monday to Friday – 7 a.m. to 7 p.m.
Saturday, Sunday and Holidays – 9 a.m. to 4 p.m.

Phone: 416-813-6754

Food stations

From our chefs, the Terrace Café offers a full range of meals including:

- **The Grill: Full breakfast bar (served between 7 and 11 a.m. daily)**, grilled paninis, hamburgers, fries, chicken fingers and more.
- **The Chef's Corner (Weekdays, 11 a.m. to 7 p.m.; Weekends and Holidays, 11:30 a.m. to 4 p.m.)**: Home-cooked meals such as salmon, roasted chicken, lasagna and other pasta dishes served fresh daily
- **Around The World (Weekdays, 11:30 a.m. to 3 p.m.)**: Weekly cuisine features from around the world, like Mexican, Indian, Chinese and more!
- **Salad Bowl**: Salad bar featuring pre-packaged signature salads and protein boxes
- **Sandwich Spot**: Fresh made-to-order sandwich selections
- **Made in Japan Teriyaki Experience**
- **Pizza Pizza Grab & Go fridge**: Full selection of pre-packaged snack options
- **Soup Kettle**: A variety of fresh soups, which change daily
- Plus, a selection of **baked goods and desserts**

Kids Eat Local! The Terrace Café at SickKids uses [locally sourced ingredients](#) whenever possible.