



The Terrace Café Weekly Menu at SickKids October 11 to 15, 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Specials					
<p>*All menu items are subject to change based upon availability. The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care. Location: Main Floor, Atrium www.sickkids.ca/menu</p> <p>Kids Eat Local! The Terrace Café at SickKids uses locally sourced ingredients as much as possible.</p>					
Express Breakfast	Served Monday to Friday, from 7 to 11 a.m. See in-store for hot breakfast items prepared daily.				
Around The World <i>Weekly cuisine features from around the world Mexican, Chinese and more</i>	<div style="background-color: black; color: white; padding: 10px; text-align: center;"> <h2 style="margin: 0;">THIS WEEK AT THE TERRACE CAFÉ</h2> </div> <div style="background-color: #fff9c4; padding: 10px;"> <h3 style="margin: 0;">Indian Menu</h3> <p>Served with your chickpea masala and rice pilau (veggie rice) your choice of:</p> <ul style="list-style-type: none"> • Coconut curried chicken (Monday, Wednesday and Friday) • Tandoori chicken (Tuesday and Thursday) • Vegetable korma <p>Add a vegetable samosa with tangy curry sauce!</p> </div> <div style="background-color: #fff9c4; padding: 10px; margin-top: 10px;"> <p>Location: Main Floor, Atrium</p> <p>Check out more delicious meals at www.sickkids.ca/menu</p> </div> <div style="text-align: right; margin-top: 10px;">   </div>				

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Daily Specials					
<p>Chef's Corner <i>Home-cooked meals such as salmon, roasted chicken, lasagna and pasta dishes served fresh daily.</i></p>	<p>Two choices of soup or tossed salad</p> <p>Roasted Ontario turkey served with dressing, cranberry sauce and turkey gravy served with mashed Ontario potatoes and roasted acorn squash</p> <p>Baked filet of haddock with lemon butter served with rice pilaf and California mixed vegetables</p> <p>Penne pasta with fresh Ontario basil tomato sauce topped with fresh Ontario cherry tomatoes, spinach and fresh Ontario zucchini</p> <p>Pierogies with onions, bacon and sour cream</p>	<p>Taco Tuesday 1,2 or 3 tacos beef, chicken or vegetable served with nachos and cheese sauce or spicy corn and black bean salad</p> <p>BBQ pulled chicken on a bun topped with crispy fried onions and sauteed mushrooms served with coleslaw</p> <p>Spaghetti bolognese served with golden garlic toast or mixed greens</p>	<p>Steak and stout pie served with potato salad</p> <p>Baked parmesan-crusted salmon served with sauteed spinach and potato salad</p> <p>Baked pasta and cheese casserole served with golden garlic bread</p>	<p>Chicken parmesan on a bun served with coleslaw</p> <p>Baked coconut curry haddock served with mixed greens</p> <p>Frittata made with mushrooms and an assortment of vegetables</p>	<p>Strip loins (locally sourced from Wellington County) with Bloody Mary tomatoes, grilled zucchini and baked potato with all the fixings</p> <p>Macaroni and cheese</p> <p>Fish and Chip Fridays! Homemade English-style beer-battered fish served with potato wedges and creamy coleslaw</p>

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	Beef and vegetable patties Grilled chicken Caesar salad Pumpkin pie or apple pie				
The Grill <i>Full breakfast bar, grilled paninis, hamburgers, fries, chicken fingers and more.</i>	See in-store for daily specials	See in-store for daily specials	See in-store for daily specials	See in-store for daily specials	See in-store for daily specials
Sandwich Stop <i>Fresh made-to-order sandwich selections.</i>	See in-store for daily specials	See in-store for daily specials	See in-store for daily specials	See in-store for daily specials	See in-store for daily specials
Soup Kettle	Chicken noodle Soup Beef chili Vegetarian stew Homemade soup special of the day	Chicken noodle Soup Beef chili Vegetarian stew Homemade soup special of the day	Chicken noodle Soup Beef chili Vegetarian stew Homemade soup special of the day	Chicken noodle Soup Beef chili Vegetarian stew Homemade soup special of the day	Chicken noodle Soup Beef chili Vegetarian stew Homemade soup special of the day
Salad Bowl <i>A variety of fresh salads.</i>	<ul style="list-style-type: none"> Choose from a wide selection of pre-packaged signature salads. Greek salad, quinoa salad and more (menu changes daily). Fuel your day with organic, plant-based bowls! Find organic, high protein, nut-free and vegan salads from Bio Raw 				

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As the coronavirus (COVID-19) situation continues, SickKids is taking precautions to keep everyone at the hospital safe. In addition to enhanced sanitizing procedures, these measures in the Terrace Café include:

- *closing the self-serve salad bar and converting it to a Grab & Go salad station (pre-packaged signature salads)*
- *introducing a new DIY fruit and granola yogurt parfait (with fresh ingredients pre-packaged so that you can assemble your snack on-the-go)*
- *ensuring all fruits and baked goods are individually wrapped*
- *accepting cashless transactions only to help minimize contact*