IN-CLINIC CYSTOSCOPY

A cystoscopy (pronounced siss-TOSS-co-pee) is a test to help diagnose bladder problems. During a cystoscopy procedure, your child’s doctor uses a hollow tube (cystoscope) equipped with a lens to carefully examine the lining of your child’s bladder and urethra. The urology practitioner will perform the cystoscopy in a procedure room, using a local anesthetic jelly to numb your child’s urethra. If your child is anxious about this procedure, the doctor will offer anxiolytic medication called Lorazepam. This medication is used to calm your child before this procedure. In select cases, your doctor may prescribe antibiotics before and after your child’s cystoscopy. The cystoscopy procedure may be combined with the Botox injections for some children requiring this medication. For more information about Botox injections into bladder please visit our website.

Learn more about Cystoscopy procedure on AboutKidsHealth.ca.

Contact information:

If you are calling to inquire about your child’s referral from your family doctor or preliminary consultation clinic appointment, please dial: 416-813-6661

Press #1 – General Info
Press #2 – Referral Info
Press #3 – Dr. Lorenzo or Dr. Bägli
Press #4 – Dr. Farhat or Dr. Koyle
Press #5 – Fellows’ clinic or Nurse practitioner clinic
If you are calling to inquire about your child’s surgery please, contact the surgeon’s Urology Administrative staff directly.

**Staff contacts for Dr. Darius Bägli and Dr. Armando Lorenzo**

Davika Ram - Surgical Bookings, Clinical Assistant  
Phone: 416-813-6465  
davika.ram@sickkids.ca

Jessica Rosales - Administrative Assistant, Observership/Residents  
Phone: 416-813-6899  
jessica.rosales@sickkids.ca

**Staff contacts for Dr. Walid Farhat and Dr. Martin Koyle**

Lisa Abreu - Fellowship Coordinator, Administrative Coordinator  
Phone: 416-813-6580  
lisa.abreu@sickkids.ca

Britney Dwyer - Surgical Bookings, Clinical Assistant  
Phone: 416-813-6465  
Fax: 416-813-6461  
britney.dwyer@sickkids.ca

If you cannot come to your scheduled clinic appointment or have a question about your appointment, please call the clinic clerk at 416-813-6661. We will try our best to schedule another appointment as soon as possible, based on availability at that time. You may need to leave a message due to the high volumes of calls received. If you leave a message, you can expect to hear back from us within 24 hours.

**Registration location:**

If this is your child’s first visit to Sick Kids than register for your appointment at Clinic Registration near the Atrium entrance on Elizabeth Street. Arrive early so you have enough time to register.

If this is your child’s return visit to Sick Kids than register in the Urology clinic on the 5D unit.
Clinic location:

The Urology Clinic is located at 555 University Avenue, the Atrium, Fifth Floor, unit D. Hours of operation are 8:30 a.m. to 4:30 p.m. You can use the Atrium elevators (near the cafeteria) and exit at the 5th floor and look for the unit D.

What families should bring to the appointment:

Please be on time. Allow lots of time to get to the hospital. It can take some time to get used to finding your way around and it is important to be on time for your child’s appointment. Staff will try to see your child as close to your appointment time as possible. Please understand that some patients being seen ahead of you may need more time than expected, and this can cause delay for others.

Bring the following:

- your child’s Ontario Health Insurance Plan (OHIP) card
- your appointment card or letter
- any medical information, such as referral letters, X-rays, renal ultrasounds, MRI or CT scans (on a CD or films), urine and/or blood reports
- all medications or an accurate list of all medications (please include alternative and complimentary treatments)

Sometimes there is a wait. Remember to bring toys, books, nut-free snacks, diapers and formula to keep your child comfortable and occupied.

Interpreter Services:

If you need an interpreter, please speak with your child’s nurse or doctor as soon as possible so they can call Interpreter Services to arrange for an interpreter. Please give us at least 24 to 48 hours notice to make it easier for us to find an interpreter for you.
Getting to SickKids:

If you need directions please call the hospital at 416-813-8600 or visit our website. There is also information about parking at the hospital.

Direct phone lines to a taxi company are available at the Elizabeth Street and University Avenue entrances.

Some bus and train companies offer companion fares for family members accompanying children to medical appointments.

For more information please visit link: Coming for a clinic appointment page.

What families should expect during their clinic visit:

When you arrive to 5D unit your child needs to be register at the front desk. A SickKids identification (ID) band will be placed on your child. The band must be worn on your child’s arm or ankle at all times. Check your child’s ID band to make sure the information is right. If your child is not wearing a band or has the wrong one, it can lead to errors that can result in the wrong care for your child. Staff must always check the band before providing care to your child. You will wait for you appointment in the waiting area. Staff will try to see your child as close to your appointment time as possible.

Your child’s name will be called and you will be taken to the procedure room. Your child needs to change into a gown. Your child’s nurse or nurse practitioner will ask you and your child some questions about current and past medical history. If your child requires Lorazepam we will have vital signs and weight taken. Your child will receive oral medication (Lorazepam) to help him or her to calm during procedure.

The cystoscopy procedure may follow this process:

- The child will be asked to empty bladder before the procedure. Then your child will lie down on a table on his/her back. Older female children will likely be positioned with feet in stirrups and knees bent.

- If your child receives Lorazepam, he or she will feel sleepy and relaxed during the cystoscopy, but he will still be aware.

- A numbing jelly will be applied to your child’s urethra to help prevent pain when the cystoscope is inserted. After waiting a few minutes for the numbing, your child’s doctor will carefully insert the cystoscope into your child’s urethra, using the smallest scope possible.
• As the cystoscope passes through your child’s urethra and toward bladder, your child’s doctor will look through a lens on the end of the cystoscope. The lens works like a telescope to magnify the inner surfaces of your child’s urethra and bladder and this image is transmitted to the monitor.

• While the cystoscope is inserted into the urethra, your doctor will flood the bladder with a sterile saline solution. The solution inflates the bladder and flushes debris and allows your doctor to get a better look inside. As your child’s bladder fills, he or she may feel the need to urinate. As soon as the cystoscopy is complete, your child will be allowed to empty the bladder.

• After the cystoscopy, you may be allowed to go home right after receiving post-procedural instructions. If your child has received Lorazepam, you may be asked to remain in a clinic for approximately 45-60 minutes to let the effects of the medication wear off before you leave. Due to residual effect of the Lorazepam, your child may be required to leave the clinic in a wheelchair for safety reasons to prevent falling.

At the end of the procedure, you will have lots of time to ask questions and give feedback on your child’s plan of care.

If any referrals or follow-up appointments are needed, the clinic coordinator/clerk will be available to assist you with scheduling an appointment. You will be given an appointment card or your appointment will be mailed to you depending on booking availabilities.