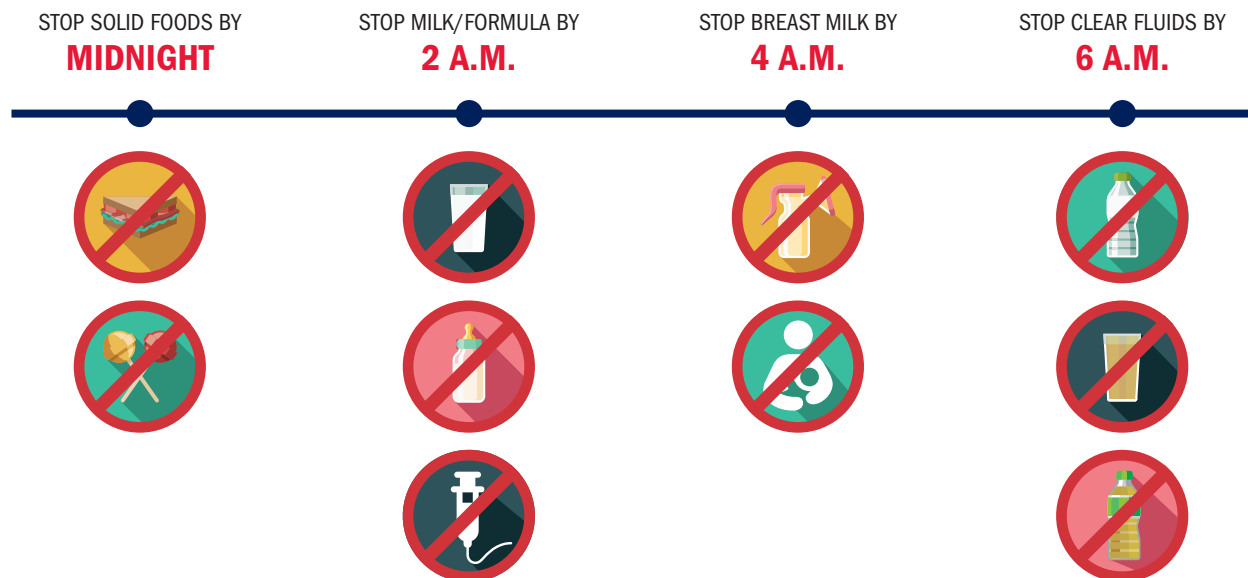


HEART SURGERY GUIDELINES

Stop Eating and Drinking Before Anesthesia or Sedation

Any food or liquid in your child's stomach while going to sleep under anesthesia can flow up to the mouth and pass down into the lungs. This is **VERY DANGEROUS** for your child.

If these rules are not followed your child's procedure will be cancelled.



Rules for Eating and Drinking Before Operation Time

STOP SOLID FOODS BY MIDNIGHT BEFORE OPERATION

STOP MILK/FORMULA BY 2 A.M. BEFORE OPERATION TIME

Including cow, oat, almond and soy milk or liquids with solid components (No orange juice, soup, broth, jello). NO gum or candy

STOP BREAST MILK BY 4 A.M. BEFORE OPERATION TIME

STOP CLEAR FLUIDS BY 6 A.M. BEFORE OPERATION TIME

Fluids you can see clearly through (**ONLY** pedialyte, water, sugar water, clear apple juice and ginger ale are allowed)

*These feeding instructions are **ONLY** for cardiac surgery or cardiac catheterization procedures.