

News Rheum

Your Rheumatology Newsletter

Issue: Spring 2022

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Scholarship Application Deadlines:

May 16, 2022 Dr. Bonnie Cameron Post-Secondary Scholarship
<https://runanthropic.org/scholarship/>

May 31, 2022 Lupus Canada Scholarship
<https://lupuscanada.org/news/lupus-canada-scholarship/>

June 18, 2022 UCBeyond 2022 Scholarship Program
<https://www.ucbeyond.ca/en/apply-now>

Introducing Welcome!

You might see something different at your next SickKids rheumatology appointment. Our clinic is testing the new Welcome system.

What does this mean?

You will receive a tablet after checking in for your appointment to complete your clinic questionnaires.

What if I already did the clinic questionnaires in MyChart?

If you completed the questionnaires in MyChart, you will not be asked to do it again.

Why are you doing this?

This will help SickKids be a greener, eco-friendly place. SickKids is going Paper-Lite as we move into the new building in 2024-2025.

Enroll and Activate Your **MyChart** Account

What is MyChart? MyChart is an online patient portal that lets patients and their legal guardians to access parts of their SickKids electronic medical record anywhere, anytime.

What can you do in MyChart?

- See your upcoming appointments
- Check-in online before your appointment
- Join your virtual appointments
- Complete your clinic questionnaires for your healthcare team before your appointment
- Send secure messages or pictures to your healthcare team
- View and update your medications and allergies
- See your bloodwork and imaging results
- See your growth chart
- See your After Visit Summary (“AVS”)
- See clinic notes that the healthcare team has shared with you
- See some patient letters (e.g., a school letter for absence)
- See scanned items from paper charts
- Access relevant health resources
- COMING SOON: booking appointments



If you would like to join the mailing list please email: rheumatology.newsletter@sickkids.ca

In the News

Congratulations to Dr. Brian Feldman for being recognized as a 2021 American College of Rheumatology (ACR) Distinguished Clinical Investigator!

Congratulations to Dr. Rayfel Schneider for being recognized as a 2021 American College of Rheumatology (ACR) Master!

Welcome to back to Dr. Piya Lahiry, Dr. Evelyn Rosenblyum, Neely Lerman, Natasha Naraidoo, Ma'Anne Gawaran, and Hayyah Clairman!

Congratulations to all of the members in the rheumatology team who welcomed new additions to their family!

Camp Arthritis

The Arthritis Society will be hosting camp this summer! Camp Arthritis (formerly "Camp Cambria") is a special place for youth living with arthritis to connect with others just like them! Campers get to enjoy fun activities and form lasting friendships.

This year's Camp Arthritis occur August 21-25, 2022, at Camp Tamakwa, Algonquin Park.

For more information, please visit <https://bit.ly/36WrFhD> or email camp@arthritis.ca



Cassie + Friends

Cassie and Friends is a Canadian charity dedicated to the pediatric rheumatology community. They support children and their families by providing information, creating connections, and supporting research.

Upcoming Educational Webinars:

A Special CRMO Session

When: Saturday April 23, 2022 at 5:30 p.m. EST

Presented by: Dr. Polly Ferguson, Director, Pediatric Rheumatology, Allergy, and Immunology

Registration Link: <https://bit.ly/35fUKnw>

Upcoming Fundraisers:

Team Cassie + Friends Halifax (run/walk for juvenile arthritis)

When: May 20 – 21, 2022 in person (located in Halifax Nova Scotia) or virtually!

- Youth Run: 2km or 4km, 5 km, 10 km, Half Marathon (21.1 km), Marathon (42.2 km)

Registration Link: <https://bit.ly/3iGpYY3>

Run/Walk for Juvenile Arthritis Ottawa (Team C+F)

When: Saturday May 28 and Sunday May 29, 2022

In-person (Ottawa) or virtually!

- Race distances: 42.2K, 21.1K, 10K, 5K, 2K, Kids Marathon, 3 challenges

Registration Link: <https://bit.ly/3uBZigG>

Cassie + Friends – Online Community:

Join the Cassie + Friends online support network!

- Connect with other families and children with rheumatic conditions
- Learn from trusted research and information sources (reviewed and approved by rheumatology health care professionals)
- Use their resources to educate your community on how they can better support your child

Get connected and learn more by visiting:

<https://cassieandfriends.ca/supportnetwork/>

ART IN MOTION - RACE HISTORY 2022

By Mark Trenton, Race Director

On a crisp October morning, the beautiful fall colours paint the backdrop with leaves fluttering to the ground in red, yellow, and orange. The sun peeks through the clouds, ready to bring warmth to the day ahead. The crunch of leaves beneath your feet and the dew on the morning grass set the scene for the Art in Motion 10K/5K/2K.

A unique and engaging running and walking event, Art in Motion is set in the picturesque Boyd Conservation Area in Kleinburg, Ontario. All proceeds from the event support the Department of Rheumatology at SickKids Hospital and the [Dr. Bonnie Cameron Post-Secondary Scholarship](#).

In 2017, Art in Motion started as a boutique 10K run that encouraged participants to fundraise and learn about childhood arthritis. Overtime, the event has grown to include 5K and 2K routes, which has allowed us to bring together more SickKids families and participants with arthritis. We have even had several members of the Rheumatology team join us on race day throughout the years.

We believe that a child's ambition, hopes, and dreams should not be limited by arthritis. We take an active and direct role in helping families by using the money received from race registrations, fundraising, and sponsorships to support the Rheumatology Healthcare Team at SickKids, in the enhancement of state-of-the-art patient care and education, leading to better patient outcomes.

We also support the transition of patients into adult care with the Dr. Bonnie Cameron Post-Secondary Scholarship. The scholarship began in 2013 to assist students living with inflammatory arthritis in achieving their educational goals. The \$2,500 award is presented annually by Runanthropic.org in coordination with Art In Motion.

Can't make it to Kleinburg on race day, but still want to make an impact? Our virtual event allows you to participate at home. Each participant will receive a race bib, finishers medal, and apparel by mail, allowing you to have a premium experience in your hometown.

Sponsorship opportunities also exist and we are happy to discuss ways for your business to become involved. Please contact Mark at info@artinmotion10k.com.

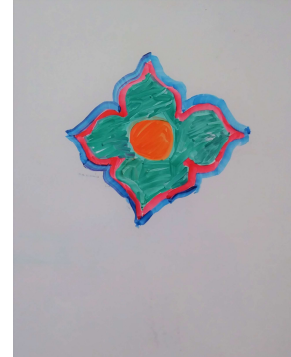
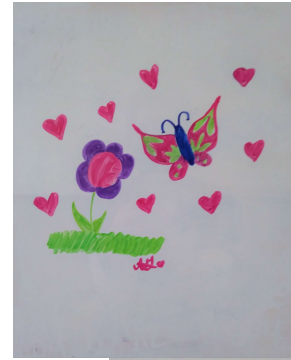
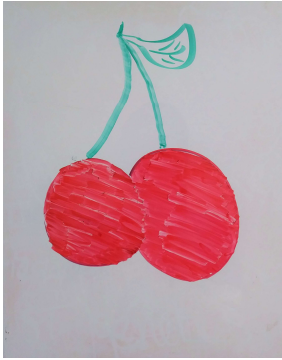
Twenty twenty-one was a record-breaking year for Art in Motion! Between our 315 participants, 13 VIPs, 50 fundraisers, and over 400 donors, we raised **over \$36,000** for SickKids and the Dr. Bonnie Cameron Post-Secondary Scholarship. Since launching the event, **we have raised over \$110,000 for these two amazing charities.**

Join us this year on October 16, 2022 and help us continue to paint a bright future for children with arthritis. For more information and to register, visit: <https://artinmotion10k.com/>.



#ArtRheum: Your Masterpieces!

Check out some of the wonderful artwork that was created during clinic appointments!



Want to Get Involved?

The Division of Rheumatology is looking for parents and patients to help in several areas. We are looking for:

- A member to sit on the SickKids Rheumatology Research Council (please contact crystal.grasby@sickkids.ca for more information)
- Members to represent SickKids on the PR-COIN Parent and Patient Working Group (please see <https://www.pr-coin.org/families-overview> for more information)
- Members for the SickKids Rheumatology Family Advisory Council and its subcommittees (please contact crystal.grasby@sickkids.ca for more information)
- A parent to join our JIA New Patient Education group (please contact crystal.grasby@sickkids.ca for more information)

Please contact us if you're interested in joining the newsletter team or would like to contribute content to the next newsletter:

rheumatology.newsletter@sickkids.ca