<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON</td>
<td>10:30AM-1PM</td>
<td>OPEN</td>
<td>Mindfulness Mondays</td>
</tr>
<tr>
<td>TUES</td>
<td>10:30AM-1PM</td>
<td>OPEN</td>
<td>Make a Mini Me</td>
</tr>
<tr>
<td>WED</td>
<td>10:30AM-1PM</td>
<td>OPEN</td>
<td>Make your own freezies!</td>
</tr>
<tr>
<td>THURS</td>
<td>10:30AM-1PM</td>
<td>OPEN</td>
<td>Make a mini volcano</td>
</tr>
<tr>
<td>FRI</td>
<td>10:30AM-1PM</td>
<td>OPEN</td>
<td>Medical Play</td>
</tr>
<tr>
<td>SAT</td>
<td>10:30AM-1PM</td>
<td>OPEN</td>
<td>Superhero Masks</td>
</tr>
<tr>
<td>SUN</td>
<td>10:30AM-1PM</td>
<td>OPEN</td>
<td>Summer Flip Flops</td>
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<tr>
<td></td>
<td>10:30AM-12:30PM</td>
<td>OPEN</td>
<td>OPEN</td>
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<tr>
<td></td>
<td>2-5:30PM</td>
<td>OPEN</td>
<td>OPEN</td>
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<td>10:30AM-12:30PM</td>
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<td>2-5:30PM</td>
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<td>OPEN</td>
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</tbody>
</table>

**Family Centre**  
Main floor, Black Wing  
Monday – Friday, 9AM-4PM

**SPECIAL EVENTS**

Join us live on the University Avenue lawn for a special performance of ECHO by Cirque du Soleil, **Friday July 26** at **10:55AM**!  
Join us in the Hollywood Theatre (1st floor, Black Wing, above Shoppers Drug Mart) at **3:45PM, Saturday July 27** to watch **Inside Out 2**!
| MON JULY 22 | 11AM Story Time  
Request a song by texting or calling (437) 215–4998! | 1PM Name That Tune  
Text in the title of a new favourite song for Jam or Not a Jam! | 3PM Kahoot Trivia Extravaganza  
Is there a trivia topic you’re interested in?  
Text us at (437) 331–7147 |
|---------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|
| TUES JULY 23  | 11AM Story Time  
Request a song by texting or calling (437) 215–4998! | 1PM Toy Bingo  
Ask your child life specialist for a bingo sheet, or check the nursing station! | 3PM Kahoot Trivia Extravaganza  
Is there a trivia topic you’re interested in?  
Text us at (437) 331–7147 |
| WED JULY 24   | 11AM Story Time  
Request a song by texting or calling (437) 215–4998! | 1PM Clown Olympics  
Join Max and Zoomie as they compete for the ultimate achievement in Clown sports, The Clown Olympics Trophy! Text (437) 331–7147 to get a cheer kit, then and tune in to vote for who will get the GOLD! | 3PM Kahoot Trivia Extravaganza  
Is there a trivia topic you’re interested in?  
Text us at (437) 331–7147 |
| THURS JULY 25 | 11AM Story Time  
Request a song by texting or calling (437) 215–4998! | 1PM The Craft Zone with  
PROJECT sunshine  
Ask your child life specialist or text us at (437) 331–7147 for a craft kit! Text us a picture of your masterpiece and we’ll share it live on the show! | 3PM Kahoot Trivia Extravaganza  
Is there a trivia topic you’re interested in?  
Text us at (437) 331–7147 |
| FRI JULY 26   | 10:55AM Cirque du Soleil Performance!  
Watch a live performance of Cirque’s ECHO show! | 1PM Game of Games  
Do you have a favourite charades or pictionary prompt? Text it in to (437) 331–7147 for our hosts to do live on air! | 3PM Kahoot Trivia Extravaganza  
Is there a trivia topic you’re interested in?  
Text us at (437) 331–7147 |
| SAT JULY 27   | 1PM Kahoot Trivia Extravaganza  
Is there a trivia topic you’re interested in?  
Text us at (437) 331–7147 | 3PM Sports Bingo  
Check your nursing station for bingo sheets! | 3PM Craft Show  
Text us at (437) 331–7147 to have a craft kit delivered to you! |
| SUN JULY 28   | 1PM Kahoot Trivia Extravaganza  
Is there a trivia topic you’re interested in?  
Text us at (437) 331–7147 | 11AM Story Time  
Request a song by texting or calling (437) 215–4998! | 11AM Story Time  
Request a song by texting or calling (437) 215–4998! |

**SPECIAL EVENTS**

Join us live on CH 41 for a special performance by Cirque du Soleil, Friday July 26 at 10:55AM!

**Find key information to make your inpatient stay easier and more comfortable on**  
(channel 49)

Listen to relaxation sleep stories on channel 41 from 8PM–8AM

Check out our channel at www.youtube.com/theskoop