

The Terrace Café Weekly Menu
 May 11-15, 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
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Weekly Specials

*All menu items are subject to change based upon availability.
 The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.

Express Breakfast



Served Monday to Friday, from 7:00 to 11:00 a.m. See in-store for hot breakfast items prepared daily.

Around The World

Weekly cuisine features from around the world — Mexican, Chinese and more



Oodles of Noodles


Served on a bed of chow mein noodles or fried rice, choose from:

- **Manchurian Chicken** (locally sourced chicken from Bradford Bay, Ont.)
- **Pineapple Pork**
- **Beef and Broccoli** (locally sourced beef from Wellington County, Ont.)
- **Stir-Fried Vegetables with Tofu**

Make your noodles a meal! Add a vegetable spring roll or two!

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Daily Specials					
<p>Chef's Corner <i>Home-cooked meals such as salmon, roasted chicken, lasagna and pasta dishes served fresh daily.</i></p> 	<p>Fried Chicken with Honey Lemon Drizzle served with potato wedges and coleslaw</p> <p>Spaghetti with Fresh Tomato & Basil served with garlic toast or salad</p> <p>Grilled Salmon with Summer Vegetable Relish served with rice and carrots</p>	<p>Grilled Lemon Basil Chicken served with rice and roasted asparagus</p> <p>Beef & Veggie Pasta Bake served with garlic toast or salad</p> <p>Caribbean Fish with Mango Salsa served with rice and roasted asparagus</p>	<p>Philly Cheese Steak Roll Up served with roasted potatoes and apple coleslaw</p> <p>Baked Haitian Fish served with rice and baked squash</p> <p>Penne Pasta with Garden Fresh Veggies served with garlic toast or salad</p>	<p>Breaded Pork Cutlet on a Bun with mushroom sauce and crispy onions. Served with marinated vegetable salad</p> <p>Baked Salmon served with rice and mixed vegetables</p> <p>Cheese, Roasted Peppers & Spinach Frittata served with salad</p>	<p>Grilled Sirloin Steak with onion mustard sauce. Served with cheddar & bacon stuffed potato skins and carrots</p> <p>Homemade English Style Beer Battered Fish served with potato wedges and coleslaw</p> <p>Fusilli with Rapini in Tomato Wine Sauce served with garlic bread or salad</p>

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<p>Soup Kettle</p> 	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>
<p>The Grill</p> <p><i>Full breakfast bar, grilled paninis, hamburgers, fries, chicken fingers and more</i></p> 	<p>See in-store for menu specials.</p>				

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Daily Specials					
<p>Sandwich Stop <i>Fresh made-to-order sandwich selections.</i></p>  <p>See in-store for daily Gourmet Sandwich specials.</p>	Reuben Sandwich Egg Salad, Guacamole & Tomato Grilled Chicken Breast Daily Gourmet Sandwich Special	Smashed Chickpea & Avocado Tomato, Basil & Goat Cheese Daily Gourmet Sandwich Special	Meatballs Sandwich Brie & Roasted Pepper Daily Gourmet Sandwich Special	Cobb Salad Vegetarian Wrap Daily Gourmet Sandwich Special	Vietnamese Chicken Sandwich Vegetarian Wrap Daily Gourmet Sandwich Special
	Daily Signature Sandwiches				
	Roast Beef, Black Forest Ham, Turkey, Pastrami, Tuna, Egg, Roasted Vegetables, Gourmet Grilled Cheese				
<p>Salad Bowl <i>A variety of fresh salads.</i></p> 	See in-store for menu specials.				

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Terrace Café

The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.

Location: Main Floor, Atrium

Hours: Monday to Friday – 7 a.m. to 7 p.m.
Saturday, Sunday and Holidays – 9 a.m. to 4 p.m.

Phone: 416-813-6754

Food stations

From our chefs, the Terrace Café offers a full range of meals including:

- **The Grill: Full breakfast bar (served between 7 and 11 a.m. daily)**, grilled paninis, hamburgers, fries, chicken fingers and more.
- **The Chef's Corner (Weekdays, 11 a.m. to 7 p.m.; Weekends and Holidays, 11:30 a.m. to 4 p.m.)**: Home-cooked meals such as salmon, roasted chicken, lasagna and other pasta dishes served fresh daily
- **Around The World (Weekdays, 11:30 a.m. to 3 p.m.)**: Weekly cuisine features from around the world, like Mexican, Indian, Chinese and more!
- **Salad Bowl**: Salad bar featuring pre-packaged signature salads and protein boxes
- **Sandwich Spot**: Fresh made-to-order sandwich selections
- **Made in Japan Teriyaki Experience**
- **Terrace Pizza**: Selection of pre-packaged pizza, made in-house daily
- **Soup Kettle**: A variety of fresh soups, which change daily
- Plus, a selection of **baked goods and desserts**

Kids Eat Local! The Terrace Café at SickKids uses [locally sourced ingredients](#) whenever possible.