



The Terrace Café Weekly Menu

April 27 – May 1, 2026




	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Specials					
<p>*All menu items are subject to change based upon availability. The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.</p>					
<p>Express Breakfast</p> 	<p>Served Monday to Friday, from 7:00 to 11:00 a.m. See in-store for hot breakfast items prepared daily.</p>				
<p>Around The World <i>Weekly cuisine features from around the world — Mexican, Chinese and more</i></p> 	<p>Filipino Favourites</p> <p>Served with steamed rice or vegetable pancit, choose from:</p> <ul style="list-style-type: none"> • Chicken Adobo • Filipino Style Beef Steak <p>Also on the menu:</p> <ul style="list-style-type: none"> • Homemade Lumpia (Eggrolls) • Turon – a classic street food of sweet plantains wrapped in spring roll wrappers, fried to a crisp golden brown 				

The Terrace Café Weekly Menu

April 27 – May 1, 2026





	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Specials					
<p>Chef's Corner <i>Home-cooked meals such as salmon, roasted chicken, lasagna and pasta dishes served fresh daily.</i></p> 	<p>Greek Lemon Chicken served with potatoes and Greek salad</p> <p>Spaghetti Bolognese served with garlic bread or salad</p> <p>Haddock Citrine panko and parmesan crusted, served with rice and broccoli</p>	<p>Shaved Roast Beef on a Bun with portobello mushroom, horseradish aioli, caramelized onions. Served with coleslaw</p> <p>Chili Garlic Salmon served with rice and mixed vegetables</p> <p>Penne Pasta with Vegetables served with garlic bread or salad</p>	<p>Italian Basil Chicken served with mushroom risotto and baked squash or salad</p> <p>Baked Haitian Fish served with rice and baked squash</p> <p>Pasta Fazul served with garlic bread or salad</p>	<p>Breaded Pork Cutlet on a Bun with mushroom sauce and crispy onions. Served with green beans or coleslaw</p> <p>Pasta Primavera with Turkey served with garlic bread or salad</p> <p>Tomato Basil Salmon served with rice and green beans</p>	<p>Fire Roasted Salsa Steak served with baked potato and mixed vegetables</p> <p>Creamy Pasta Bake with Cherry Tomatoes & Fresh Basil served with garlic bread or salad</p> <p>Homemade English Style Beer Battered Fish served with potato wedges and creamy coleslaw</p>

The Terrace Café Weekly Menu

April 27 – May 1, 2026





	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Soup Kettle</p> 	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>
<p>The Grill</p> <p><i>Full breakfast bar, grilled paninis, hamburgers, fries, chicken fingers and more</i></p> 	<p>See in-store for menu specials.</p>				

The Terrace Café Weekly Menu

April 27 – May 1, 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Specials					
<p>Sandwich Stop <i>Fresh made-to-order sandwich selections.</i></p>  <p>See in-store for daily Gourmet Sandwich specials.</p>	Reuben Sandwich	Smashed Chickpea & Avocado	Meatballs Sandwich	Cobb Salad	Vietnamese Chicken Sandwich
	Egg Salad, Guacamole & Tomato	Tomato, Basil & Goat Cheese	Brie & Roasted Pepper	Vegetarian Wrap	Vegetarian Wrap
	Grilled Chicken Breast	Daily Gourmet Sandwich Special	Daily Gourmet Sandwich Special	Daily Gourmet Sandwich Special	Daily Gourmet Sandwich Special
	Daily Gourmet Sandwich Special				
Daily Signature Sandwiches					
	Roast Beef, Black Forest Ham, Turkey, Pastrami, Tuna, Egg, Roasted Vegetables, Gourmet Grilled Cheese				
<p>Salad Bowl <i>A variety of fresh salads.</i></p> 	See in-store for menu specials.				

The Terrace Café Weekly Menu

April 27 – May 1, 2026



Terrace Café

The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.

Location: Main Floor, Atrium

Hours: Monday to Friday – 7 a.m. to 7 p.m.
Saturday, Sunday and Holidays – 9 a.m. to 4 p.m.

Phone: 416-813-6754

Food stations

From our chefs, the Terrace Café offers a full range of meals including:

- **The Grill: Full breakfast bar (served between 7 and 11 a.m. daily)**, grilled paninis, hamburgers, fries, chicken fingers and more.
- **The Chef's Corner (Weekdays, 11 a.m. to 7 p.m.; Weekends and Holidays, 11:30 a.m. to 4 p.m.)**: Home-cooked meals such as salmon, roasted chicken, lasagna and other pasta dishes served fresh daily
- **Around The World (Weekdays, 11:30 a.m. to 3 p.m.)**: Weekly cuisine features from around the world, like Mexican, Indian, Chinese and more!
- **Salad Bowl**: Salad bar featuring pre-packaged signature salads and protein boxes
- **Sandwich Spot**: Fresh made-to-order sandwich selections
- **Made in Japan Teriyaki Experience**
- **Terrace Pizza**: Selection of pre-packaged pizza, made in-house daily
- **Soup Kettle**: A variety of fresh soups, which change daily
- Plus, a selection of **baked goods and desserts**

Kids Eat Local! The Terrace Café at SickKids uses [locally sourced ingredients](#) whenever possible.