



The Terrace Café Weekly Menu

Aug. 8 to 12, 2022





	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Specials					
<p>*All menu items are subject to change based upon availability. The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care. Location: Main Floor, Atrium www.sickkids.ca/menu</p> <p>Kids Eat Local! The Terrace Café at SickKids uses locally sourced ingredients as much as possible.</p>					
<p>Express Breakfast</p> 	<p>Served Monday to Friday, from 7 to 11 a.m. See in-store for hot breakfast items prepared daily.</p>				
<p>Around The World Weekly cuisine features from around the world Mexican, Chinese and more</p> 	<p>Indian Menu</p> <p>Served with chickpea masala and rice pilau:</p> <ul style="list-style-type: none"> • Coconut curried chicken (served Monday, Wednesday and Friday) • Tandoori chicken (served Tuesday and Thursday). • Curried beef, featuring Ontario Wellington County beef. • Vegetable korma featuring potatoes, carrots, fresh ginger, jalapeno, peas and bell peppers in a mildly spiced creamy tomato curry sauce • Vegetable samosa with tangy curry sauce and a cucumber-tomato salad with yogurt served with rice 				

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Daily Specials					
<p>Chef's Corner <i>Home-cooked meals such as salmon, roasted chicken, lasagna and pasta dishes served fresh daily.</i></p> 	<p>Deli-style corned beef (locally sourced from Wellington County) on rye served with creamy coleslaw (made with Ontario cabbage and carrots) or a deli pickle</p> <p>Beef lasagna served with golden garlic bread or salad</p> <p>Baked Haitian-style fish served with Haitian-style rice and beans and baked squash</p>	<p>Taco Tuesday Choose 1, 2 or 3 tacos Beef, chicken, fish or NEW! Beyond Beef served with nachos and cheese sauce or spicy corn and black bean salad</p> <p>Vegetarian pasta e fagioli served with golden garlic bread or salad</p> <p>Lemon panko-crusted salmon served with kimchi rice and stir-fried vegetables or salad</p>	<p>Korean roast chicken served with stir-fried vegetables and kimchi fried rice</p> <p>Spaghetti with meat sauce</p> <p>Baked herb haddock served with rice and roasted vegetables or salad</p>	<p>Ginger-cumin chicken served with rice and vegetables</p> <p>Cheese tortellini with basil tomato sauce served with golden garlic toast</p> <p>Breaded pork cutlet on a bun served with crispy onions and mushroom sauce with roasted potato wedges and green beans</p>	<p>Rosemary mustard steak with crispy onions served with loaded baked potato and chipotle mango coleslaw</p> <p>Fish & chips Fridays! Homemade English-style beer-battered fish and potato wedges and creamy coleslaw</p> <p>Macaroni and cheese</p> 

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<p>Soup Kettle</p> 	<p>Chicken noodle Soup</p> <p>Beef chili</p> <p>Vegetarian stew</p> <p>Homemade soup special of the day</p>	<p>Chicken noodle Soup</p> <p>Beef chili</p> <p>Vegetarian stew</p> <p>Homemade soup special of the day</p>	<p>Chicken noodle Soup</p> <p>Beef chili</p> <p>Vegetarian stew</p> <p>Homemade soup special of the day</p>	<p>Chicken noodle Soup</p> <p>Beef chili</p> <p>Vegetarian stew</p> <p>Homemade soup special of the day</p>	<p>Chicken noodle Soup</p> <p>Beef chili</p> <p>Vegetarian stew</p> <p>Homemade soup special of the day</p>
<p>The Grill</p> <p><i>Full breakfast bar, grilled paninis, hamburgers, fries, chicken fingers and more.</i></p> 	<p>See menu specials in-store.</p>				

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<p>Sandwich Stop <i>Fresh made-to-order sandwich selections.</i></p> 	<p>See menu specials in-store.</p>				
<p>Salad Bowl <i>A variety of fresh salads.</i></p> 	<ul style="list-style-type: none">• Choose from a wide selection of pre-packaged signature salads. Greek salad, quinoa salad and more (menu changes daily).• Fuel your day with organic, plant-based bowls! Find organic, high protein, nut-free and vegan salads from BioRaw				

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Hours:

Monday to Friday – 7 a.m. to 7 p.m.

Saturday, Sunday and Holidays – 9 a.m. to 4 p.m.

Contact: 416-813-6754

www.sickkids.ca/menu